

# Also part of the Department of Neighborhood and Leisure Services...

## DIVISION OF NEIGHBORHOOD PRESERVATION

*"Ensuring safe and habitable conditions  
for existing buildings."*

400 Granby Street  
Norfolk, VA 23510  
Phone: (757) 664-6582  
Fax: (757) 664-6556  
E-mail: pbellma@city.norfolk.va.us

*Have a question or need advice about code inspections  
or property maintenance? The Division of Neighborhood  
Preservation conducts comprehensive property maintenance  
inspections and associated activities for existing structures.*

## DIVISION OF PARKS & URBAN FORESTRY

*"Preserving and enhancing  
the environmental setting."*

2839 Dana Street  
Norfolk, VA 23509  
Phone: (757) 823-4023  
Fax: (757) 441-5141

*Do you have a street tree that needs pruning or removal?  
The Division of Parks & Urban Forestry provides  
urban forestry services, landscape services, small equipment  
repair for city agencies, and administers Norfolk's tree  
and landscape ordinances.*

## WINTER 2004 COURSE & ACTIVITY SCHEDULE



Good  
times  
great  
neighborhoods



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## Parks and Recreation Advisory Commission Comment Card

Got a suggestion, comment or concern about Norfolk Parks and Recreation?

Let us hear from you. Please write your comments below and mail to the following  
address: Department of Neighborhood and Leisure Services, Division of Recreation  
and Community Services, 501 Boush Street, Norfolk, VA 23510.

### Optional Information

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone # \_\_\_\_\_

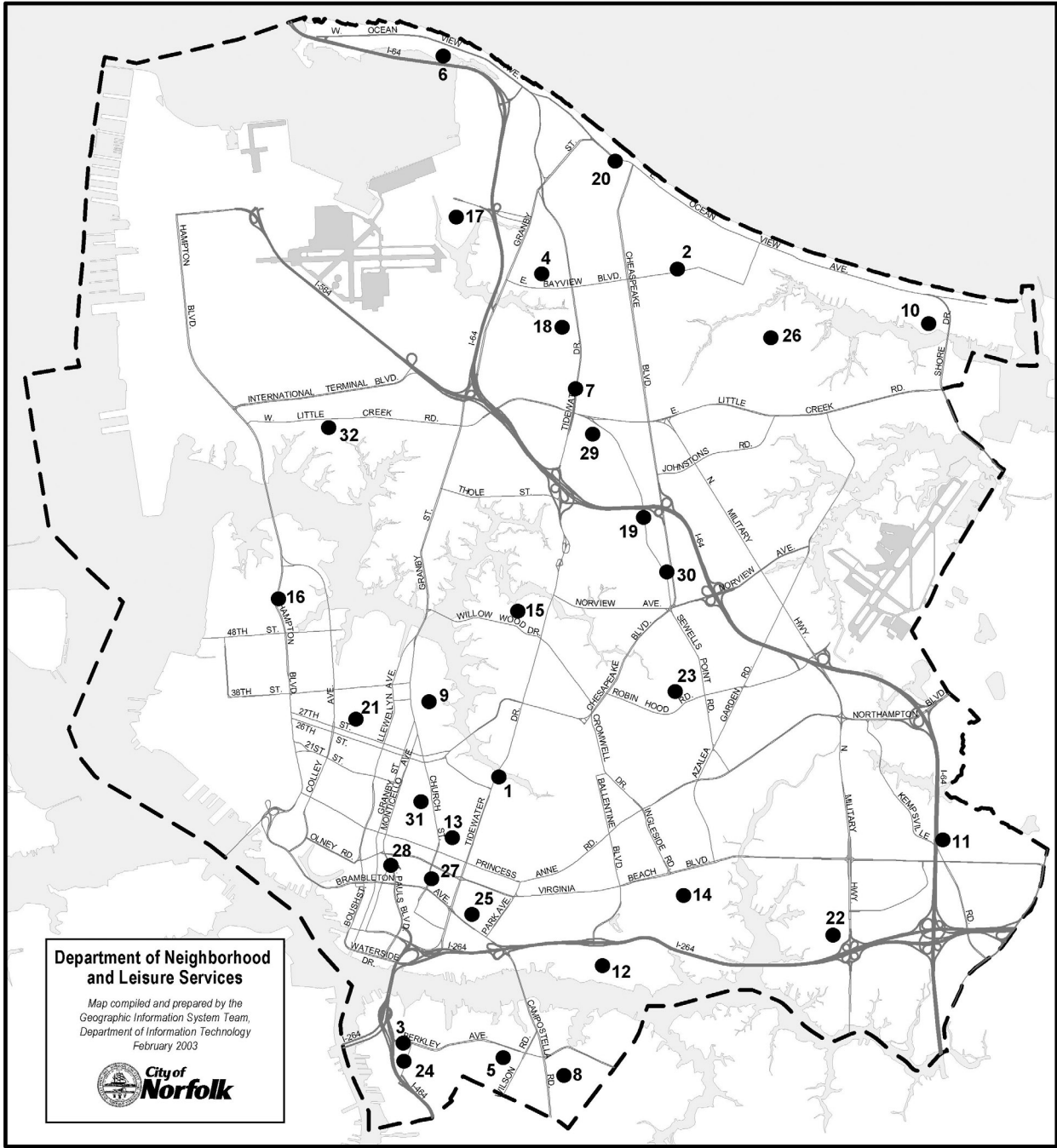
E-mail: \_\_\_\_\_

Fax# \_\_\_\_\_

Do you want to be contacted?  
☐ Yes ☐ No

The Commission serves in an advisory role to Norfolk City Council and the Director of Neighborhood and Leisure Services. In addition, it serves as a liaison between the citizens of the community and Neighborhood and Leisure Services. You may leave a message for the commission by telephone at 441-2400 or e-mail [neighborhoods@norfolk.gov](mailto:neighborhoods@norfolk.gov)





1	Barraud Park	1048 Vista Avenue	441-2787	16	Larchmont Recreation Center	1167 Bolling Avenue	441-5411
2	Bayview Recreation Center	8613 Willow Terrace	441-1626	29	Little Creek Neighborhood Service Center	7665 Sewells Point Road	664-6300
3	Berkley Community Center	121 W. Liberty Street	441-1912	17	Merrimac Landing Recreation Center	8809 Monitor Way	441-1783
24	Berkley Neighborhood Service Center	925 S. Main Street	664-6450	18	Northside Pool	8400 Tidewater Drive	441-1760
5	Campostella Center	1117 Leake Street	441-1974	19	Norview Community Center	6800 Sewells Point Road	441-5836
6	Captains Quarters	800 Little Bay Avenue	441-1715	20	Ocean View Senior Center	600 E. Ocean View Avenue	441-1767
31	Church Street Community Market	18th Street & Church Street	441-2149	21	Park Place Community Center	606 W. 29th Street	664-7531
7	Crossroads Recreation Center	8044 Tidewater Drive	441-1769		Park Place Neighborhood Service Center	606 W. 29th Street	664-7500
8	Diggs Town Recreation Center	1401 Melon St	441-1975	22	Poplar Halls	5523 Pebble Lane	441-5529
9	Earnie Morgan Environmental Center	3500 Granby Street	441-1347	23	Shenwood Forest Community Center	4537 Little John Drive	441-5824
10	East Ocean View Community Center	9520 E. 20th Bay Street	441-1785	24	Southside Senior Center	925 S. Main Street	664-6484
11	Fairlawn Recreation Center	1014 Kempsville Road	441-5670	25	Special Events	736 Cecilia Street	441-5171
30	Five Points Community Market	6314 Sewells Point Road	441-2149	26	Tarrallton Community Center	2100 Tarrallton Drive	441-1765
12	Grandy Village Recreation Center	3017 Kimball Terrace	441-2856	4	Therapeutic Recreation Center	180 E. Evans Street	441-1764
13	Huntersville Community Center	830 Goff Street	664-7430	32	Titustown Recreation Center	7545 Diven Street	441-1259
	Huntersville Neighborhood Service Center	830 Goff Street	664-7400	32	Visual Arts	7545 Diven Street	441-1227
	Huntersville Pool	830 Goff Street	664-7431	27	Vivian C. Mason		
14	Ingleside Recreation Center	948 Ingleside Road	441-5675		Arts & Technology Center	700 E. Olney Road	441-1036
15	Lakewood Athletic	1612 Willow Wood Drive	441-5834	28	Young Terrace Community Center	804 Whitaker Lane	441-2754
	Lakewood Dance Music						

Mission

To enrich the quality of lives for our customers through building and maintaining stable, healthy and livable neighborhoods by preserving and enhancing the urban environmental setting; facilitating opportunities for self-renewal, skill-building, and fun; ensuring safe and habitable conditions for existing buildings; and fostering citizen involvement and a greater sense of community pride.

Vision

The Department of Neighborhood and Leisure Services, in partnership with community stakeholders, will be a leader in building, maintaining and preserving stable, healthy and livable neighborhoods in Norfolk.

Building Strong Neighborhoods

Department of Neighborhood and Leisure Services Administration

Acting Director	Iris Jessie
Assistant Director	Deborah Morton
Business Manager	Shirley Tyree
Public Information Officer	Maria Oropallo
Neighborhood Services	Stephanie Small
Neighborhood Preservation	Tina Orr
Neighborhood Service Center	Joyce Henry
Parks and Urban Forestry	Bob Alderman
Recreation Center Operations	Jo Anne Jones
Senior Activities	Jean Saunders
Special Events	Agatha Mears
Youth Development	Elsie Harold

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Good Times Great Neighborhoods is published three times per year by the City of Norfolk's Department of Neighborhood and Leisure Services. For information, call 441-2400 or visit [www.norfolk.gov](http://www.norfolk.gov).

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Adopt-A-Center

The Adopt-A-Center program allows area organizations such as businesses, military units and service groups to join in partnership with a recreation facility. By giving just a minimum of three hours a month for a year, adopters can help enrich leisure experiences, expand programming, improve the self-esteem of youth participants, provide realistic role models, decrease at-risk youth behaviors, and foster the practice of community service and good citizenship.

Adoption opportunities are as diverse as Norfolk's recreation operations. There are 20 general recreation centers, two senior centers, a therapeutic recreation center devoted to persons with disabilities, and specialty centers in art, dance, music, aquatics, outdoor recreation and athletics.

The adopting organization will quickly recognize its ability to make a strong and lasting impact on a child's future. For more information about Adopt-A-Center and other ways your organization can "Help Dreams Grow," call 441-2400.

City of Norfolk Parks & Recreation Advisory Commission

- Mr. Thomas O. Duffey (Vice-Chair)
  - Dr. Vicki Swecker
  - The Honorable Hal J. Bonney, Jr.
  - Mr. George H. Curtis III
  - Mr. Dwight McDowell
  - Mr. John E. Roger
  - Mr. Jared Turner
- The Parks and Recreation Advisory Commission serves in an advisory role to City Council. You may contact them by mail at 501 Boush Street, Norfolk, Virginia, 23510, or by e-mail at neighborhoods@norfolk.gov.

Director's Message

All around town, folks are happily preparing for the holidays. We at Neighborhood & Leisure Services (NLS) are eagerly preparing for the after-holiday delight of providing you with new and exciting opportunities to engage in life, develop lifelong interests, improve recreational skills and greatly enhance your quality of life.

As you peruse this latest edition of Good Times Great Neighborhoods, take a moment to consider what makes you happy, proud, and successful. Chances are that recreation and leisure activities played a role in making you who you are today. We all know that successful, happy individuals constantly look for ways to develop skills, increase physical coordination, engage in constructive creative outlets, and always challenge their minds and bodies. With that in mind, consider participating in an activity that you have not tried before! Challenge your self. You'll be surprised.

With this issue, NLS accepted a challenge to distribute Good Times Great Neighborhoods to the wider Norfolk community. Changes to the page format and over-all size have permitted us to insert the publication in the Virginia Pilot newspaper. Our hope is that a wider distribution will encourage more of your friends and neighbors to participate in community building activities.

NLS mission is to provide leadership, policies and programs to preserve and maintain safe, strong, and sustainable neighborhoods. We invite you to encourage your family and friends to meet each other, communicate your dreams and hopes, enjoy "good times", and create the kind of "great neighborhood" you always wanted!

Through the many services we offer, be it recreation and leisure services, grassroots community building, preserving neighborhoods, youth development or parks and urban forestry, NLS is your partner in creating a stable and healthy community.

If you have questions, ideas or suggestions, please contact me personally at 441-2400 to discuss your neighborhood needs.

Sincerely  
**Iris Jessie**, Acting Director  
Neighborhood and Leisure Services





Registration

Aquatics registration is held at pool sites only. Mail-in registration will not be accepted.

Aquatic Youth Classes

WATER BABIES/PARENT TOT

Discover the pleasure of sharing time with your child and learning water adjustments through movement exploration and games.

Activity #	Site	Day	Time	Date	Fee	NR Fee
234103 02	Huntersville	Sa	11:30am-12:00pm	1/17-3/20	\$20	\$30

LEVEL I – WATER EXPLORATION

Provides youth an orientation to the aquatic environment and teaches elementary swim skills. Ages-5-15.

Activity #	Site	Day	Time	Date	Fee	NR Fee
234104 05	Huntersville	Sa	10:00am -10:30am	1/17-3/13	\$20	\$30
234104 06	Huntersville	Sa	10:30am -11:00am	1/17-3/13	\$20	\$30
234104 07	Huntersville	Tu,Th	5:30pm-6:00pm	2/3-3/4	\$20	\$30

LEVEL II – BELUGA WHALES/PRIMARY SKILLS

Designed for youth with some previous water adjustment skills, continues to build on Fundamental aquatic locomotion, safety and rescue skills learned in Level I. Must have Level I Certificate or demonstrate skills. Ages-5-15.

Activity #	Site	Day	Time	Date	Fee	NR Fee
234105 04	Huntersville	Sa	10:30am -11:00am	1/17-3/13	\$20	\$30
234105 05	Huntersville	Sa	11:00am -11:30am	1/17-3/13	\$20	\$30
234105 06	Huntersville	Tu, Th	5:30pm-6:00pm	2/3-3/4	\$20	\$30

LEVEL III – BLUE WHALES/STROKE READINESS

Introduces participant to front and back crawls, as well as fundamentals of treading water and diving. Safety skills are expanded upon. Comparable to beginner swim. Must have Level II certificate or demonstrate skills. For ages 7 and older.

Activity #	Site	Day	Time	Date	Fee	NR Fee
234106 04	Huntersville	Sa	10:00am -10:50am	1/17-3/13	\$25	\$35
234106 05	Huntersville	Sa	11:00am -11:30am	1/17-3/13	\$25	\$35

LEVEL IV GRAY - WHALES/STROKE DEVELOPMENT

Participants increase their distance with previously learned strokes. Breaststroke, and sidestroke are introduced as well as turns. Must have Level III certificate or demonstrate skills. For ages 8 and older.

Activity #	Site	Day	Time	Date	Fee	NR Fee
234107 02	Huntersville	Sa	11:00am -11:50am	1/17-3/13	\$25	\$35

Level V - Dolphins Stroke Refinement

Work on perfecting stroke techniques and skills learned in Level IV. The butterfly, open turns, feet first surface dives are introduced. Must have Level IV certificate or demonstrate skills. For ages 9 and older.

Activity #	Site	Day	Time	Date	Fee	NR Fee
234108 02	Huntersville	Sa	11:00am -11:50am	1/17-3/13	\$25	\$35



Aquatic Adult Classes

ADULT BEGINNER III

Introduces participant to front and back crawls, as well as fundamentals of treading water and diving. Survival skills introduced. For ages 16 and older.

Activity #	Site	Day	Time	Date	Fee	NR Fee
234111 02	Huntersville	Sa	10:00am -10:50am	1/17-3/13	\$25	\$35
234111 03	Huntersville	Tu,Th	5:30pm -6:30pm	2/3-3/4	\$25	\$35

AQUA MUSCLE TONER

Class is set up for individuals who want to work out at a faster pace. Tones and increases flexibility and cardiovascular strength in the water. For ages 16 and older.

Activity #	Site	Day	Time	Date	Fee	NR Fee
234118 01	Huntersville	Tu,W,Th	5:00pm -5:50pm	1/6-1/29	\$30	\$40
234118 02	Huntersville	Tu,Th	5:00pm -5:50pm	2/ 3-2/26	\$30	\$40
234118 03	Huntersville	Tu,Th	5:00pm – 5:50pm	3 / 2-3/30	\$30	\$40

LIFEGUARD TRAINING

Professional course that offers American Red Cross certificates in lifeguard training, first aid and C.P.R. for the professional rescuer. If students are employed as a lifeguard with the City of Norfolk from the start of the summer season 2004, and continue employment through Labor Day, the course fee will be refunded to them. Students are responsible for purchase of their own books. Ages 15-adult.

Activity #	Site	Day	Time	Date	Fee	NR Fee
234117 02	Huntersville	Tu.	4:00pm -6:00pm	2/3	Pre Swim Test	
	Huntersville	Tu,Th	5:30pm -8:30pm	2/10-3/11	\$95	\$105

Aquatic Adult Classes

ADULT BEGINNER III

Introduces participants to front and back crawls, as well as fundamentals of treading water and diving. Survival skills introduced.

Activity #	Site	Day	Time	Date	Fee/Non-Res
246111 01	NS	Wed	6-6:50pm	1/7-2/4/04	\$20/\$30

ARTHRITIS WATER WORKOUT

This program is designed to help you feel better through gentle exercises in a heated pool. Adults with any type of arthritis can attend. Physician consent form is required.

Activity #	Site	Day	Time	Date	Fee/Non-Res
246112 01	NS	MWF	1-1:45pm	1/2-1/30/04	\$30/\$40
246112 02	NS	MWF	1-1:45pm	2/2-2/13/04	\$15/\$25

AQUAFRIENDS

Experience the pleasure of a special toning for mature adults in the water. For ages 40 and older.

Activity #	Site	Day	Time	Date	Fee/Non-Res
246113 01	NS	MWF	9-9:50am	1/2-1/30/04	\$30/\$40
246113 02	NS	MWF	9-9:50am	2/2-2/13/04	\$15/\$25

RIP-ROARING RIP-TIDES

Class is set up for individuals who want to work at a faster pace. Tones and increases flexibility and cardiovascular strength in the water. Swimming experience not necessary. For ages 16 and older.

Activity #	Site	Day	Time	Date	Fee/Non-Res
246114 01	NS	MWF	5-5:50pm	1/2-1/30/04	\$30/\$40
246114 02	NS	MWF	5-5:50pm	2/2-2/13/04	\$15/\$25

DEEP WATER POWER HOUR

Swimming skills not required! Aqua Joggers are provided. Strengthen and train the various muscles of your body in an exciting exercise environment. For ages 16 and older.

Activity #	Site	Day	Time	Date	Fee/Non-Res
246115 01	NS	SAT	10-11:00am	1/10-2/07/04	\$20/\$30

LIFEGUARD TRAINING

Professional course that offers American Red Cross certifications in lifeguarding, first aid, and C.P.R. for the professional rescuer. If student is employed as a lifeguard with the City of Norfolk from the start of the summer season 2003, and continues employment through Labor Day, the course fee will be refunded to them. Students are responsible for purchase of their own books. Ages 15 - adult.

Activity #	Site	Day	Time	Date	Fee/Non-Res
246118 01	NS	Mon	3:45-5:00pm	1/5/04	Pre Test
	NS	M&W	6:30-9:30pm	1/12-2/11/04	\$95/\$105



## Youth/Teen Dance Classes

Students who wish to participate in the June 2004 Dance Recital must take both Winter and Spring sessions of the same dance class. There is a \$25 to \$50 costume fee due in the beginning of February if you want to participate in the recital.

### CREATIVE DANCE

Introduce your child to the world of dance. This beginning class teaches self-awareness, self-expression, coordination, basic motor skills and interaction with other children. For children ages 4-6.

Activity #	Site	Day	Time	Date	Fee	NR Fee
238301 02	Lakewood	W	3:00pm-4:00pm	1/7-3/10	\$32	\$42
238301 03	Lakewood	Th	3:30pm-4:30pm	1/8-3/11	\$32	\$42
238301 04	Lakewood	F	4:00pm-5:00pm	1/9-3/12	\$32	\$42
238301 05	Lakewood	Sa	9:30am-10:30am	1/10-3/13	\$32	\$42
238301 06	Lakewood	Sa	10:30am-11:30am	1/10-3/13	\$32	\$42
238301 08	Crossroads	W	4:00pm-5:00pm	1/7-3/10	\$32	\$42
238301 09	Norview	W	4:30pm-5:30pm	1/7-3/10	\$32	\$42
238301 10	Titustown	W	5:00pm-6:00pm	1/7-3/10	\$32	\$42
238301 11	Bayview	W	5:00pm-6:00pm	1/7-3/10	\$32	\$42

### CREATIVE DANCE II

This class continues and expands on the basic skills learned in Creative Dance. To register for this class, a 5 year old must have completed 3 consecutive sessions of Creative Dance. New 6 year old students must take at least 1 session of Creative I.

Activity #	Site	Day	Time	Date	Fee	NR Fee
238302 01	Lakewood	F	5:30pm-6:30pm	1/9-3/12	\$32	\$42
238302 02	Lakewood	Sa	9:30am-10:30am	1/10-3/13	\$32	\$42
238302 03	Crossroads	W	5:00pm-6:00pm	1/7-3/10	\$32	\$42

### TUMBLING

Spin, flip, and jump! This beginning class will develop strength, flexibility and coordination by teaching basic tumbling skills. For ages 4 to 6.

Activity #	Site	Day	Time	Date	Fee	NR Fee
238303 01	Lakewood	Tu	3:00pm-4:00pm	1/6-3/9	\$32	\$42
238303 02	Lakewood	W	9:30am-10:30am	1/7-3/10	\$32	\$42

### HOME SCHOOL BALLET

Join this class for home school students. To develop strength, flexibility, endurance, rhythm and grace, there is no better way than through dance. These are beginning level classes for ages 7-12.

Activity #	Site	Day	Time	Date	Fee	NR Fee
238306 01	Lakewood	M	10:00am-11:00am	1/5-3/15	\$32	\$42

### BALLET I

To develop strength, flexibility, and grace, there is no better way than through ballet. This is a beginning level class in one of the world's oldest dance forms. Class includes barre work and center floor work. For ages 7-13.

Activity #	Site	Day	Time	Date	Fee	NR Fee
238307 01	Lakewood	Th	4:30pm-5:30pm	1/8-3/11	\$32	\$42
238307 02	Lakewood	F	5:00pm-6:00pm	1/9-3/12	\$32	\$42
238307 03	Lakewood	Sa	11:30am-12:30pm	1/10-3/13	\$32	\$42
238307 04	Norview	W	6:30pm-7:30pm	1/7-3/10	\$32	\$42

### BALLET II

Begin a more serious study of steps and techniques with an emphasis on performance. Must have instructor's permission. Ages 8-15.

Activity #	Site	Day	Time	Date	Fee	NR Fee
238308 01	Lakewood	F	6:00pm-7:30pm	1/9-3/12	\$45	\$55
238308 02	Norview	M	6:30pm-7:30pm	1/5-3/15	\$32	\$42



### BALLET III

Continue your ballet training in a more serious study of steps and techniques with an emphasis on performance. Must have instructor's permission. Ages 10-15.

Activity #	Site	Day	Time	Date	Fee	NR Fee
238309 01	Lakewood	Th	4:00pm-5:30pm	1/8-3/11	\$45	\$55
238309 02	Norview	Tu	6:30pm-7:30pm	1/6-3/9	\$32	\$42

### BALLET, JUNIOR COMPANY I

Designed for those who wish to continue their ballet training with an emphasis on performance. Must have instructor's permission and/or completed Ballet I, II and III. For ages 9-18.

Activity #	Site	Day	Time	Date	Fee	NR Fee
238310 01	Lakewood	M,W	4:00pm-5:30pm	1/5-3/15	\$85	\$95
238310 02	Norview	M & Th	5:30pm-6:30pm	1/53/15	\$59	\$69

### BALLET, JUNIOR COMPANY II

Designed for those who wish to continue their ballet training with an emphasis on performance. Must have instructor's permission and/or completed Junior Company I. For ages 9-18.

Activity #	Site	Day	Time	Date	Fee	NR Fee
238311 01	Lakewood	M,W	4:00pm-5:30pm	1/5-3/15	\$85	\$95

### HIP HOP DANCE

Enjoy the energetic and self-expression of hip hop dance. These fast paced classes are designed for those who want to experience a fun and free form of dance. For ages 7-12.

Activity #	Site	Day	Time	Date	Fee	NR Fee
238313 01	Lakewood	Th	5:30pm-6:30pm	1/8-3/11	\$32	\$42
238313 02	Bayview	W	6:00pm-7:00pm	1/7-3/10	\$32	\$42

### JAZZ DANCE I

Have fun learning the free and energetic techniques of jazz dance. This form of dance can be seen in movies, on musical theater stage and television. Class will include various styles, basic patterns and techniques of jazz dance. For ages 7-13.

Activity #	Site	Day	Time	Date	Fee	NR Fee
238316 01	Lakewood	Th	6:30pm-7:30pm	1/6-3/9	\$32	\$42
238316 02	Lakewood	Sa	10:30am-11:30am	1/10-3/13	\$32	\$42
238316 04	Crossroads	Th	5:00pm-6:00pm	1/8-3/11	\$32	\$42
238316 05	Norview	Tu	5:30pm-6:30pm	1/6-3/9	\$32	\$42
238316 07	Titustown	Th	5:00pm-6:00pm	1/8-3/11	\$32	\$42

### JAZZ DANCE II

Expand on the basics learned in level I. Must have taken 3 sessions of Jazz I and have instructor's permission. For ages 10-18.

Activity #	Site	Day	Time	Date	Fee	NR Fee
238317 01	Lakewood	Th	5:30pm-6:30pm	1/8-3/11	\$32	\$42
238317 02	Norview	W	7:30pm-8:30pm	1/7-3/10	\$32	\$42

### JAZZ DANCE III

A jazz performing group for ages 10 to 18. Must have taken Jazz I and II and have instructor's permission.

Activity #	Site	Day	Time	Date	Fee	NR Fee
238319 01	Lakewood	Tu	6:00pm-7:00pm	1/6-3/9	\$32	\$42
238319 02	Norview	Th	6:30pm-7:30pm	1/8-3/11	\$32	\$42

### JAZZ IV

This class is designed for advanced Jazz students. You must have a minimum of two years Ballet training and currently be enrolled in a Ballet class. You must also have completed Jazz III. Instructor's permission is required to register for this class. For ages 13-18.

Activity #	Site	Day	Time	Date	Fee	NR Fee
238320 01	Lakewood	W	5:30pm-6:30pm	1/7-3/10	\$32	\$42

### JAZZ DANCE FOR TEENS

This class is designed just for teens ages 12-17. Have fun learning the free and energetic techniques of jazz dance. This form of dance can be seen in movies, on musical theater stage and television. Class will include various styles, basic patterns and techniques of jazz dance. \*The class at Norview is for those students with Jazz Dance experience and you need instructor's permission to register for this class.

Activity #	Site	Day	Time	Date	Fee	NR Fee
238321 01	Lakewood	Sa	12:30pm-1:30pm	1/10-3/13	\$32	\$42
238321 03*	Norview	Th	7:30pm-8:30pm	1/8-3/11	\$32	\$42
238321 04	Titustown	Th	7:00pm-8:00pm	1/8-3/11	\$32	\$42
238321 06	Merrimack	Tu	5:00pm-6:00pm	1/6-3/9	\$32	\$42



### TAP FOR BOYS ONLY I

Learn different styles and techniques of Tap in a class designed for boys only. This is a beginning level that is fun, excellent exercise, easy to learn and one of the best ways to develop a sense of rhythm. For ages 7-15.

Activity #	Site	Day	Time	Date	Fee	NR Fee
238322 01	Lakewood	F	4:00pm-4:45pm	1/9-3/12	\$32	\$42

### TAP FOR BOYS ONLY II

Expand on the basics learned in Tap For Boys I. This is an advanced beginner's class. Must have taken 3 sessions of Tap I and have instructor's permission. For ages 9-15.

Activity #	Site	Day	Time	Date	Fee	NR Fee
238323 01	Lakewood	F	4:30pm-5:30pm	1/9-3/12	\$32	\$42



TAP DANCE I

Let your feet do the talking! Learn different styles and techniques of the only dance form that has its origins in America. This is a beginning level class that is fun, excellent exercise, easy to learn and one of the best ways to develop a sense of rhythm. For ages 7 to 15.

Activity #	Site	Day	Time	Date	Fee	NR Fee
238324 01	Lakewood	Tu	4:00pm-5:00pm	1/6-3/9	\$32	\$42
238324 02	Lakewood	F	6:30pm-7:30pm	1/9-3/12	\$32	\$42
238324 03	Lakewood	Sa	11:30am-12:30pm	1/10-3/13	\$32	\$42
238324 05	Norview	W	5:30pm-6:30pm	1/7-3/10	\$32	\$42

TAP DANCE II

Expand on the basics learned in Tap I. This is an advanced beginner's class. Must have taken 3 sessions of Tap I and have instructor's permission. For ages 9-15.

Activity #	Site	Day	Time	Date	Fee	NR Fee
238325 01	Lakewood	Tu	5:00pm-6:00pm	1/8-3/11	\$32	\$42
238325 02	Norview	Th	5:30pm-6:30pm	1/8-3/11	\$32	\$42

TAP DANCE III

An intermediate level class for teens age 10 to 15 who have taken Tap I and II and have instructor's permission.

Activity #	Site	Day	Time	Date	Fee	NR Fee
238326 01	Lakewood	Tu	4:00pm-5:00pm	1/6-3/9	\$32	\$42
238326 02	Norview	M	7:30pm-8:30pm	1/5-3/15	\$32	\$42

TAP DANCE IV

Challenge yourself to improve your technique and knowledge in this advanced class. Must have taken Tap III and have instructor's permission. For ages 12-15.

Activity #	Site	Day	Time	Date	Fee	NR Fee
238327 01	Lakewood	Tu	5:00pm-6:00pm	1/6-3/9	\$32	\$42

Teen/Adult Dance Classes

Students who wish to participate in the June 2004 Dance Recital must take both Winter and Spring sessions of the same dance class. There is a \$25 to \$50 costume fee due in the beginning of February if you want to participate in the recital.

BALLET I

There is no better way, than through ballet, to develop strength, flexibility, and grace. This is a beginning level class in one of the oldest dance forms. Class includes barre work and center floor work. Ages 16-adult.

Activity #	Site	Day	Time	Date	Fee	NR Fee
238341 01	Lakewood	M	11:00am-12:30pm	1/5-3/15	\$45	\$55

TEEN/ADULT BALLET

To develop strength, flexibility, and grace, there is no better way than through ballet. This is a beginning level class in one of the worlds' oldest dance forms. Class includes barre work and center floor work. Ages 14-adult.

Activity #	Site	Day	Time	Date	Fee	NR Fee
238342 01	Lakewood	W	7:00pm-8:00pm	1/7-3/10	\$32	\$42

BALLROOM/SOCIAL DANCE

Learn the dances you've always wanted to know. This class teaches the basic steps of the rhumba, waltz, cha cha, samba, fox trot, tango, swing, and mambo. Dances will be covered as time permits. Call 441-5833 to see what dances are being covered in this session. Partners are not provided but you may still take a class without a partner. Ages 16-adult.

Activity #	Site	Day	Time	Date	Fee	NR Fee
238343 01	Lakewood	M	8:30pm-9:30pm	1/5-3/15	\$32	\$42

ARGENTINE TANGO

Learn the basics of the exciting and romantic Argentine Tango. Partners are not provided but you may still take the class without one.This five week course is for ages 16-adult.

Activity#	Site	Day	Time	Date	Fee	NR Fee
238361 01	Lakewood	F	7:30pm-9:30pm	1/9-2/6	\$32	\$42
238361 02	Lakewood	F	7:30pm-9:30pm	2/13-3/12	\$32	\$42

BELLY DANCE FOR WOMEN I

Come and learn the ancient art of Middle Eastern Belly Dance For Women. This ethnic dance tones muscles, teaches isolations, and allows for relaxation and fun. Class outline will consist of warm-ups, basic moves and isolations, choreography, and self-interpretation of music. Ages 16-adult.

Activity #	Site	Day	Time	Date	Fee	NR Fee
238345 01	Lakewood	M	11:00am-12:00pm	1/5-3/15	\$32	\$42
238345 02	Lakewood	Th	7:30pm-8:30pm	1/8-3/11	\$32	\$42

BELLY DANCE FOR WOMEN II

Expand on the techniques learned in Belly Dance For Women I. This ethnic dance tones muscles, teaches isolations, and allows for relaxation and fun. Class outline will consist of warm-ups, basic moves and isolations, choreography, and self-interpretation of music. Ages 16-adult.Must have instructor's permission to register.

Activity #	Site	Day	Time	Date	Fee	NR Fee
238346 01	Lakewood	Th	8:30pm-9:30pm	1/8-3/11	\$32	\$42

CLOGGING

Experience a true American folk dance that originated in the Appalachian Mountains. Class will cover the basic rhythmic clogging steps, mountain figures, and line dances. Hard-soled shoes with a slick bottom are recommended. Ages 16-adult.

Activity #	Site	Day	Time	Date	Fee	NR Fee
238347 01	Lakewood	M	7:30pm-8:30pm	1/5-3/15	\$32	\$42

COUNTRY-WESTERN LINE DANCE I

Learn the traditional line dances plus some current trends in country line dancing. Class will include one, two, and four wall dances as well as circle dances. No partner required. Ages 16-adult.

Activity #	Site	Day	Time	Date	Fee	NR Fee
238349 01	Lakewood	Tu	12:30pm-1:30pm	1/6-3/9	\$32	\$42
238349 03	OV Sr. Ctr.	Th	10:00am-11:00am	1/8-3/11	\$32	\$42

COUNTRY-WESTERN LINE DANCE II

Designed to continue where Country-Western Line Dance I left off. Intermediate and advanced levels of one, two, and four wall dances and circle dances will be taught. No partner required. Ages 16-adult.

Activity #	Site	Day	Time	Date	Fee	NR Fee
238350 01	Lakewood	W	10:30am-11:30am	1/7-3/10	\$32	\$42
238350 02	OV Sr. Ctr.	Th	11:00am-12:00pm	1/8-3/11	\$32	\$42

HIP HOP DANCE

Enjoy the energetic and self-expression of hip hop dance. These fast paced classes are designed for those who want to experience a fun and free form of dance. For ages 13-adult.

Activity #	Site	Day	Time	Date	Fee	NR Fee
238312 01	Lakewood	W	8:00pm-9:00pm	1/7-3/10	\$32	\$42

LYRICAL DANCE

Lyrical Dance is an emotionally charged ballet-based dance form. It also combines modern technique. You must have some ballet experience to register for this class. Ages 12-adult.

Activity#	Site	Day	Time	Date	Fee	NR Fee
238315 01	Lakewood	Tu	8:00pm-9:00pm	1/6-3/9	\$32	\$42

JAZZ/BROADWAY STYLE

Lights! Camera! Action! This beginning level class will offer a unique variety of styles as seen in popular Broadway musicals such as "A Chorus Line," "Chicago," and "Fosse." Elements of all forms of dance will be explored. No previous dance experience necessary. Ages 16-adult.

Activity #	Site	Day	Time	Date	Fee	NR Fee
238352 01	Lakewood	W	8:00pm-9:00pm	1/7-3/10	\$32	\$42
238352 02	Lakewood	F	9:30am-10:30am	1/9-3/12	\$32	\$42

JAZZ DANCE I

Have fun learning the free and energetic techniques of jazz dance. This form of dance can be seen in movies or musical theater stage and television. This beginner's class will include various styles, basic patterns, and techniques. Ages 16-adult.

Activity #	Site	Day	Time	Date	Fee	NR Fee
238353 01	Lakewood	Tu	8:00pm-9:00pm	1/6-3/9	\$32	\$42
238353 02	Norview	Tu	7:30pm-8:30pm	1/6-3/9	\$32	\$42
238353 03	Crossroads	Th	6:00pm-7:00pm	1/8-3/11	\$32	\$42

JAZZ DANCE II

Expand on the styles, terminology and techniques of jazz dance. This intermediate class has an emphasis on performance. For those who have taken Jazz I and with instructor's permission. Ages 16-adult.

Activity #	Site	Day	Time	Date	Fee	NR Fee
238354 01	Lakewood	W	6:00pm-7:00pm	1/7-3/10	\$32	\$42

JAZZ DANCE III

Performance oriented class for those with 3 or more years of jazz technique. Different styles of jazz with elements of ballet and modern dance are included. Instructor's permission only. Ages 16-adult.

Activity #	Site	Day	Time	Date	Fee	NR Fee
238355 01	Lakewood	Tu	6:30pm-8:00pm	1/6-3/9	\$45	\$55

BROADWAY TAP

Come and learn tap routines to old and new Broadway show tunes. Class open for experienced tappers only. Ages 16-adult.

Activity #	Site	Day	Time	Date	Fee	NR Fee
238356 01	Lakewood	Tu	11:30am-12:30pm	1/6-3/9	\$32	\$42

TAP DANCE I

Let your feet do the talking! Learn different styles and techniques of the only dance form that has its origins in America. This beginning level class is fun, excellent exercise and easy to learn. Ages 16-adult.

Activity #	Site	Day	Time	Date	Fee	NR Fee
238357 01	Lakewood	M	6:30pm-7:30pm	1/5-3/15	\$32	\$42
238357 02	Lakewood	Tu	9:30am-10:30am	1/6-3/9	\$32	\$42

TAP DANCE II

Expand on the basics learned in Tap I. This is an advanced beginners class. You must have taken 3 sessions of Tap I or have instructor's permission. Ages 16-adult.

Activity #	Site	Day	Time	Date	Fee	NR Fee
238358 01	Lakewood	M	7:30pm-8:30pm	1/5-3/15	\$32	\$42
238358 02	Lakewood	Tu	11:30am-12:30pm	1/6-3/9	\$32	\$42
238358 03	Lakewood	Th	11:00am-12:00pm	1/8-3/11	\$32	\$42



TAP DANCE III

Advance to this intermediate level class that includes an emphasis on performance. Must have taken Tap II or have instructor's permission. Ages 16-adult.

Activity #	Site	Day	Time	Date	Fee	NR Fee
238359 01	Lakewood	W	7:00pm-8:00pm	1/7-3/10	\$32	\$42

TAP FOR TEENS/ADULTS

This is an advanced class for ages 16-adult. Elements of Jazz Dance are incorporated in this class. Must have instructor's permission.

Activity #	Site	Day	Time	Date	Fee	NR Fee
238360 01	Lakewood	M	5:30pm-6:30pm	1/5-3/15	\$32	\$42

Teen/Adult Fitness Classes

PILATE STYLE EXERCISE I

A series of simple, yet challenging, exercises designed to tone, strengthen, and lengthen muscles. An integration of classical ballet, yoga, and the firming techniques created by Joseph Pilates. Ages 14-adult. If you miss a class or a class date falls on a holiday, you may make it up in another class. Call 441-5833 for available make up classes. Please note that winter exercise classes run for 10 weeks.

Activity #	Site	Day	Time	Date	Fee	NR Fee
238401 01	Lakewood	M	10:00am-11:00am	1/5-3/15	\$25	\$35
238401 02	Lakewood	F	9:30am-10:30am	1/9-3/12	\$25	\$35

PILATES STYLE EXERCISE II

A continuation of the Pilate Style Exercise I Class. An integration of classical ballet, yoga, and the firming techniques created by Joseph Pilates. Ages 14-adult. If you miss a class or a class date falls on a holiday, you may make it up in another class. Call 441-5833 for available make up classes. Please note that winter exercise classes run for 10 weeks.

Activity#	Site	Day	Time	Date	Fee	NR Fee
238400 01	Lakewood	W	9:30am-10:30am	1/7-3/10	\$25	\$35

LOW IMPACT EXERCISE AND STRETCH

Feel good again! Increase your energy level, improve your health, and tone muscles in an aerobic workout without jarring joints. Class includes warm-ups, aerobic exercises, and a cool-down.Bring your own mat or towel for floor work. Ages 14-adult. If you miss a class or a class date falls on a holiday, you may make it up in another class. Call 441-5833 for available make up classes. Please note that winter exercise classes run for 10 weeks.

Activity #	Site	Day	Time	Date	Fee	NR Fee
238402 01	Lakewood	M	6:30pm-7:30pm	1/5-3/15	\$25	\$35
238402 02	Lakewood	Tu	10:30am-11:30am	1/6-3/9	\$25	\$35

Activity #	Site	Day	Time	Date	Fee	NR Fee
238402 03	Lakewood	W	9:30am-10:30am	1/7-3/10	\$25	\$35
238402 04	Lakewood	Th	9:30am-10:30am	1/8-3/11	\$25	\$35
238402 05	Lakewood	Th	6:30pm-7:30pm	1/8-3/11	\$25	\$35
238402 06	Lakewood	F	9:30am-10:30am	1/9-3/12	\$25	\$35
238402 07	Titustown	Tu	10:00am-11:00am	1/6-3/9	\$25	\$35

STEP AEROBICS

Step your way to better health! Cross train with step aerobics. Class includes techniques of bench stepping and hand weight workouts. Class includes warm-up, bench exercises, muscle toning, and a cool-down. Benches are provided. If you have never taken exercises classes before we suggest you start with the Low Impact Exercise and Stretch before taking Step Aerobics. Ages 14-adult. Bring your own mat or towel for floor work. If you miss a class or a class date falls on a holiday, you may make it up in another class. Call 441-5833 for available make up classes. Please note that winter exercise classes run for 10 weeks.

Activity #	Site	Day	Time	Date	Fee	NR Fee
238403 01	Lakewood	M	5:30pm-6:30pm	1/5-3/15	\$25	\$35
238403 02	Lakewood	Sa	8:30am-9:30am	1/10-3/13	\$25	\$35

NEW CLASS!

STRETCH AND TONE WITH STABILITY BALLS

Want to enhance the quality of your life by improving your strength, stamina, and flexibility? Add definition and create lean muscle while toning your trouble spots. Through focused strengthening and stretching, increase balance, improve posture and become more flexible. This class will help you achieve a more positive mind/body balance using a variety of toning and stretching tools, including stability balls, weights, bands, and towels as well as your own body weight. Please bring a towel and water bottle to class. Please note that winter exercise classes run for 10 weeks.

Activity#	Site	Day	Time	Date	Fee	NR Fee
238405 01	Lakewood	W	10:30am-11:30am	1/7-3/10	\$25	\$35
238405 02	Lakewood	F	10:30am-11:30am	1/9-3/12	\$25	\$35

WEIGHT RESISTANCE TRAINING

Would you like to develop additional muscle toning and defining without bulk? This is a moderately paced class geared toward these goals. Equipment will be provided. Class size is limited so register early. Ages 14-adult. Bring your own mat or towel for floor work. If you miss a class or a class date falls on a holiday, you may make it up in another class. Call 441-5833 for available make up classes. Please note that winter exercise classes run for 10 weeks.

Activity #	Site	Day	Time	Date	Fee	NR Fee
238404 02	Lakewood	Th	7:30pm-8:30pm	1/8-3/11	\$25	\$35
238404 03	Lakewood	Tu	7:00pm-8:00pm	1/6-3/9	\$25	\$35





Private Music Lessons  
For Youth, Teens And Adults

**Private Lessons For Piano, Voice, Guitar, Strings**  
(Violin, Viola, Cello, or String Bass), **Percussion** (Snare  
**Drum, Xylophone, Drum Set), Saxophone, Clarinet and**  
**Electric Bass Guitar**

Receive individual instruction (any level). Classes are \_ hour.  
Books cost extra. Ages 7-adult. Because of limited room avail-  
ability, students will not be able to make up lessons if they  
cancel. **Please Bring Your Registration For Private**  
**Lessons To Lake Wood Dance? Music Center.**

PRIVATE PIANO OR BEGINNER GUITAR

Activity#	Site	Day	Times	Date	Fee	NR Fee
238501 18	Lakewood	Th	12:30pm-1:00pm	1/8-3/11	\$110	\$120
238501 21	Lakewood	Th	11:30am-12:00pm	1/8-3/11	\$110	\$120
238501 22	Lakewood	Th	12:00pm-12:30pm	1/8-3/11	\$110	\$120

PRIVATE PIANO

Activity#	Site	Day	Times	Date	Fee	NR Fee
238502 01	Lakewood	Th	7:30pm-8:00pm	1/8-3/11	\$110	\$120
238502 02	Lakewood	Th	8:00pm-8:30pm	1/8-3/11	\$110	\$120
238502 03	Lakewood	Sa	10:30am-11:00am	1/10-3/13	\$110	\$120
238502 04	Lakewood	Sa	12:00pm-12:30 pm	1/10-3/13	\$110	\$120
238502 05	Lakewood	Tu	6:00pm-6:30pm	1/6-3/9	\$110	\$120
238502 06	Lakewood	Tu	6:30pm-7:00pm	1/6-3/9	\$110	\$120
238502 07	Lakewood	Tu	7:00pm-7:30pm	1/6-3/9	\$110	\$120
238502 08	Lakewood	Tu	7:30pm-8:00pm	1/6-3/9	\$110	\$120
238502 09	Lakewood	Tu	8:00pm-8:30pm	1/6-3/9	\$110	\$120
238502 10	Lakewood	Tu	8:30pm-9:00pm	1/6-3/9	\$110	\$120
238502 11	Lakewood	F	6:00pm-6:30pm	1/9-3/12	\$110	\$120
238502 12	Lakewood	F	6:30pm-7:00pm	1/9-3/12	\$110	\$120
238502 13	Lakewood	F	7:00pm-7:30pm	1/9-3/12	\$110	\$120
238502 14	Lakewood	F	5:30pm-6:00pm	1/9-3/12	\$110	\$120
238502 15	Lakewood	Th	6:00pm-6:30pm	1/8-3/11	\$110	\$120
238502 16	Lakewood	Tu	5:30pm-6:00pm	1/6-3/9	\$110	\$120
238502 17	Lakewood	W	6:30pm-7:00pm	1/7-3/10	\$110	\$120
238502 18	Lakewood	W	7:00pm-7:30pm	1/7-3/10	\$110	\$120
238502 19	Lakewood	W	7:30pm-8:00pm	1/7-3/10	\$110	\$120
238502 20	Lakewood	W	8:00pm-8:30pm	1/7-3/10	\$110	\$120
238502 21	Lakewood	W	8:30pm-9:00pm	1/7-3/10	\$110	\$120

PRIVATE PIANO OR PERCUSSION

Activity#	Site	Day	Times	Date	Fee	NR Fee
238503 01	Lakewood	Tu	3:30pm-4:00pm	1/6-3/9	\$110	\$120
238503 02	Lakewood	Tu	4:00pm-4:30pm	1/6-3/9	\$110	\$120
238503 03	Lakewood	Tu	4:30pm-5:00pm	1/6-3/9	\$110	\$120
238503 04	Lakewood	Tu	5:00pm-5:30pm	1/6-3/9	\$110	\$120
238503 05	Lakewood	Tu	5:30pm-6:00pm	1/6-3/9	\$110	\$120
238503 06	Lakewood	W	3:30pm-4:00pm	1/7-3/10	\$110	\$120

238503 07	Lakewood	W	4:00pm-4:30pm	1/7-3/10	\$110	\$120
238503 08	Lakewood	W	4:30pm-5:00pm	1/7-3/10	\$110	\$120
238503 09	Lakewood	W	5:00pm-5:30pm	1/7-3/10	\$110	\$120
238503 10	Lakewood	W	5:30pm-6:00pm	1/7-3/10	\$110	\$120
238503 11	Lakewood	W	6:00pm-6:30pm	1/7-3/10	\$110	\$120
238503 12	Lakewood	W	3:00pm-3:30pm	1/7-3/10	\$110	\$120

PRIVATE PIANO OR VOICE

Activity#	Site	Day	Times	Date	Fee	NR Fee
238504 01	Lakewood	W	4:00pm-4:30pm	1/7-3/10	\$110	\$120
238504 02	Lakewood	W	4:30pm-5:00pm	1/7-3/10	\$110	\$120
238504 03	Lakewood	W	5:00pm-5:30pm	1/7-3/10	\$110	\$120
238504 04	Lakewood	W	5:30pm-6:00pm	1/7-3/10	\$110	\$120
238504 05	Lakewood	W	6:00pm-6:30pm	1/7-3/10	\$110	\$120
238504 06	Lakewood	W	3:30pm-4:00pm	1/7-3/10	\$110	\$120
238504 07	Lakewood	W	7:30pm-8:00pm	1/7-3/10	\$110	\$120

PRIVATE GUITAR OR VOICE

Activity#	Site	Day	Times	Date	Fee	NR Fee
238536 01	Lakewood	Th	2:00pm-2:30pm	1/8-3/11	\$110	\$120
238536 02	Lakewood	Th	2:30pm-3:00pm	1/8-3/11	\$110	\$120
238536 03	Lakewood	Th	3:00pm-3:30pm	1/8-3/11	\$110	\$120
238536 04	Lakewood	Th	3:30pm-4:00pm	1/8-3/11	\$110	\$120
238536 05	Lakewood	Th	4:00pm-4:30pm	1/8-3/11	\$110	\$120
238536 06	Lakewood	Th	4:30pm-5:00pm	1/8-3/11	\$110	\$120
238536 07	Lakewood	Th	5:00pm-5:30pm	1/8-3/11	\$110	\$120
238536 08	Lakewood	Th	5:30pm-6:00pm	1/8-3/11	\$110	\$120

PRIVATE BEGINNER OR INTERMEDIATE GUITAR

Activity#	Site	Day	Times	Date	Fee	NR Fee
238505 01	Fairlawn	M	4:30pm-5:00pm	1/5-3/15	\$110	\$120
238505 02	Fairlawn	M	5:00pm-5:30pm	1/5-3/15	\$110	\$120
238505 03	Fairlawn	M	5:30pm-6:00pm	1/5-3/15	\$110	\$120
238505 04	Fairlawn	M	6:00pm-6:30pm	1/5-3/15	\$110	\$120
238504 05	Fairlawn	M	4:00pm-4:30pm	1/5-3/15	\$110	\$120
238504 06	Lakewood	Tu	3:00pm-3:30pm	1/6-3/9	\$110	\$120
238504 07	Lakewood	Tu	3:30pm-4:00pm	1/6-3/9	\$110	\$120
238504 08	Lakewood	Tu	4:00pm-4:30pm	1/6-3/9	\$110	\$120
238504 09	Lakewood	Tu	4:30pm-5:00pm	1/6-3/9	\$110	\$120
238504 10	Lakewood	Tu	5:00pm-5:30pm	1/6-3/9	\$110	\$120

PRIVATE SAXOPHONE OR CLARINET

Activity#	Site	Day	Times	Date	Fee	NR Fee
238506 05	Lakewood	F	5:00pm-5:30pm	1/9-3/12	\$110	\$120
238506 06	Lakewood	F	5:30pm-6:00pm	1/9-3/12	\$110	\$120

PRIVATE STRINGS  
(VIOLIN, VIOLA, CELLO, STRING BASS)

Activity#	Site	Day	Times	Date	Fee	NR Fee
238507 01	Lakewood	Th	6:00pm-6:30pm	1/8-3/11	\$110	\$120
238507 02	Lakewood	Th	6:30pm-7:00pm	1/8-3/11	\$110	\$120
238507 03	Lakewood	Th	7:00pm-7:30pm	1/8-3/11	\$110	\$120
238507 04	Lakewood	Th	7:30pm-8:00pm	1/8-3/11	\$110	\$120
238507 05	Lakewood	Th	8:00pm-8:30pm	1/8-3/11	\$110	\$120

PRIVATE ELECTRIC BASS GUITAR

Activity#	Site	Day	Times	Date	Fee	NR Fee
238535 01	Lakewood	M	3:30pm-4:00pm	1/5-3/15	\$110	\$120
238535 02	Lakewood	M	4:00pm-4:30pm	1/5-3/15	\$110	\$120
238535 03	Lakewood	M	6:30pm-7:00pm	1/5-3/15	\$110	\$120
238535 04	Lakewood	M	7:00pm-7:30pm	1/5-3/15	\$110	\$120
238535 05	Lakewood	M	7:30pm-8:00pm	1/5-3/15	\$110	\$120
238535 06	Lakewood	M	8:00pm-8:30pm	1/5-3/15	\$110	\$120

Group Youth/Teen Music Classes

VERY BEGINNER GUITAR

Bring your guitar and strum along with us! A beginning guitar  
class for youth ages 11-17.

Activity #	Site	Day	Times	Date	Fee	NR Fee
238508 01	Fairlawn	M	6:30pm-7:30pm	1/5-3/15	\$37	\$47

INTERMEDIATE GUITAR

A continuing class for students who have had one session of  
Very Beginner Guitar. For ages11-17.

Activity #	Site	Day	Times	Date	Fee	NR Fee
238509 01	Fairlawn	M	7:30pm-8:30pm	1/5-3/15	\$37	\$47

RHYTHM BAND

The rhythm is going to get you! Designed to help children ages  
4 to 6 develop a clear sense of rhythm. Children will learn  
about percussion instruments while using them in rhythm games  
and to accompany music. Ages 4-6. Instruments provided.

Activity #	Site	Day	Times	Date	Fee	NR Fee
238510 01	Lakewood	Th	5:30pm-6:00pm	1/8-3/11	\$32	\$42

MUSIC EXPLORATION

Explore rhythms and note reading through the use of recorder,  
bells and percussion instruments. For youth ages 7-9. Class is  
pre-requisite for Very Beginner Piano. (Not required if  
enrolling in private piano.) Instruments provided.

Activity #	Site	Day	Times	Date	Fee	NR Fee
238511 01	Lakewood	Tu	6:00pm-6:30pm	1/6-3/9	\$32	\$42

VERY BEGINNER PERCUSSION

The rhythm is going to get you! A beginning class for stu-  
dents wanting instruction on snare drum and drum set. After  
first class, you will need to purchase a practice pad, drumsticks  
and book. For ages 10-17.

Activity #	Site	Day	Times	Date	Fee	NR Fee
238512 01	Lakewood	M	4:30pm-5:30pm	1/5-3/15	\$37	\$47

INTERMEDIATE PERCUSSION

A continuing class for students who have already had one ses-  
sion of Very Beginner Percussion. For ages 10-17.

Activity #	Site	Day	Times	Date	Fee	NR Fee
238513 01	Lakewood	M	5:30pm-6:30pm	1/5-3/15	\$37	\$47

VERY BEGINNER PIANO

Tickle the ivories in a piano class for students ages 7-12 who  
have never had piano. Students 7-9 must have taken Music  
Exploration. Books cost extra.

Activity #	Site	Day	Times	Date	Fee	NR Fee
238514 04	Lakewood	Sa	10:00am-10:30am	1/10-3/13	\$32	\$42
238514 06	Lakewood	Tu	6:30pm-7:00pm	1/6-3/9	\$32	\$42
238514 07	Lakewood	Th	6:30pm-7:00pm	1/8-3/11	\$32	\$42



GREEN BOOK PIANO

A continuing class for students who are using the green  
Primer Level Glover Book. For ages 7-12. Books cost extra.

Activity #	Site	Day	Times	Date	Fee	NR Fee
238515 03	Lakewood	Th	7:00pm-7:30pm	1/8-3/11	\$32	\$42
238515 04	Lakewood	Sa	11:00am-11:30am	1/10-3/13	\$32	\$42
238515 05	Lakewood	F	5:00pm-5:30pm	1/9-3/12	\$32	\$42

BLUE BOOK PIANO

A continuing class for students who are using the blue Level  
One Glover Book. For ages 7-12. Books cost extra.

Activity #	Site	Day	Times	Date	Fee	NR Fee
238516 01	Lakewood	Tu	7:00pm-7:30pm	1/6-3/9	\$32	\$42
238516 04	Lakewood	Sa	11:30am-12:00pm	1/10-3/13	\$32	\$42

RED BOOK PIANO

A continuing class for students who are using the red Level  
Two Glover Book. For ages 7-12. Books cost extra.

Activity#	Site	Day	Times	Date	Fee	NR Fee
238517 01	Lakewood	Th	5:00pm-5:30pm	1/8-3/11	\$32	\$42
238517 02	Lakewood	Sa	12:30pm-1:00pm	1/10-3/13	\$32	\$42
238517 04	Lakewood	Tu	7:30pm-8:00pm	1/6-3/9	\$32	\$42



PURPLE BOOK PIANO

A continuing class for students who are using the purple Level Three Glover Book. For ages 7-12. Books cost extra.

Activity#`	Site	Day	Times	Date	Fee	NR Fee
238518 01	Lakewood	Th	4:00pm-4:30pm	1/8-3/11	\$37	\$47

SAXOPHONE/CLARINET

Toot your horn! Use your saxophone (alto, tenor or baritone) or clarinet to learn proper breath control, intonation, articulation, note reading and rhythms. For students at any level. For ages 10 - 17. Books cost extra.

Activity #	Site	Day	Times	Date	Fee	NR Fee
238519 01	Lakewood	F	6:00pm-7:00pm	1/9-3/12	\$37	\$47

VERY BEGINNER STRINGS

Bring your violin, viola, cello or string bass and participate in this beginning string class for students ages 10-adult. Books cost extra.

Activity#	Site	Day	Times	Date	Fee	NR Fee
238520 02	Lakewood	Th	8:30pm-9:30pm	1/8-3/11	\$37	\$47

Group Teen/Adult Music Classes

VERY BEGINNER GUITAR

Bring your guitar and strum along with us! A guitar class for beginning students ages 13-Adult. Book cost is extra.

Activity #	Site	Day	Times	Date	Fee	NR Fee
238508 01	Fairlawn	M	6:30pm-7:30pm	1/5-3/15	\$37	\$47

INTERMEDIATE GUITAR

A continuing class for students who have had one session of Very Beginner Guitar. For ages 13-Adult. Book cost is extra.

Activity#	Site	Day	Times	Date	Fee	NR Fee
238509 01	Fairlawn	M	7:30pm-8:30pm	1/5-3/15	\$37	\$47

VERY BEGINNER PERCUSSION

The rhythm is going to get you! A beginning class for students wanting instruction on snare drum and drum set. After the first class, you will need to purchase a practice pad, drumsticks, and book. Ages 13-Adult.

Activity #	Site	Day	Times	Date	Fee	NR Fee
238512 01	Lakewood	M	4:30pm-5:30pm	1/5-3/15	\$37	\$47

INTERMEDIATE PERCUSSION

A continuing class for students who have had one session of Very Beginner Percussion. Ages 13-Adult.

Activity #	Site	Day	Times	Date	Fee	NR Fee
238513 01	Lakewood	M	5:30pm-6:30pm	1/5-3/15	\$37	\$47

VERY BEGINNER PIANO

Tickle the ivories in a piano class for students ages 13 and older who have never had piano. Books cost extra.

Activity #	Site	Day	Times	Date	Fee	NR Fee
238526 01	Lakewood	M	6:30pm-7:30pm	1/5-3/15	\$37	\$47
238526 03	Lakewood	F	3:00pm-4:00pm	1/9-3/12	\$37	\$47

BLUE BOOK PIANO

A continuing class for students who are using the blue Adult Level One Glover Book. For ages 13 and older. Books cost extra.

Activity #	Site	Day	Times	Date	Fee	NR Fee
238527 01	Lakewood	M	7:30pm-8:30pm	1/5-3/15	\$37	\$47
238527 06	Lakewood	Th	1:00pm-2:00pm	1/8-3/11	\$37	\$47
238527 03	Lakewood	Tu	8:00pm-9:00pm	1/6-3/9	\$37	\$47
238527 04	Lakewood	F	2:00pm-3:00pm	1/9-3/12	\$37	\$47

RED BOOK PIANO

A continuing class for students who are using the red Adult Level Two Glover Book. For ages 13 and older. Books cost extra.

Activity #	Site	Day	Times	Date	Fee	NR Fee
238528 01	Lakewood	Th	10:00am-11:00am	1/8-3/11	\$37	\$47

ADVANCED PIANO

A continuing class for students who are using the Level Four Thompson Book. For ages 13 and older. Books cost extra.

Activity #	Site	Day	Times	Date	Fee	NR Fee
238530 01	Lakewood	F	12:00pm-1:30pm	1/9-3/12	\$42	\$52

SAXOPHONE CLARINET

Toot your own horn! Use your saxophone (alto, tenor or baritone) or clarinet to learn proper breath control, intonation, articulation, note reading and rhythms. Books cost extra.

Activity #	Site	Day	Times	Date	Fee	NR Fee
238519 01	Lakewood	F	6:00pm-7:00pm	1/9-3/12	\$37	\$47

VERY BEGINNER STRINGS

Bring your violin, viola, cello or string bass and participate in this beginning strings class for ages 13 - Adult. Book cost is extra.

Activity#	Site	Day	Times	Date	Fee	NR Fee
238520 02	Lakewood	Th	8:30pm-9:30pm	1/8-3/11	\$37	\$47

VOICE

Do Re Mi! Learn to sing. Instruction in proper breath control, note reading, rhythms, posture, ear training, sight reading, and more. For ages 13-Adult. Book cost is extra.

Activity #	Site	Day	Times	Date	Fee	NR Fee
238531 01	Lakewood	W	6:30pm-7:30pm	1/7-3/10	\$37	\$47

City - Wide Events

Please contact Jean Saunders at 441-2109 for additional information.

02/13/04 Sweethearts on Parade  
Fairlawn Recreation Center  
1014 Kempsville Road  
Norfolk, VA 23502  
(757) 441-5721



### The Social Bowling Club

meets each Monday, 9:30 a.m., at AMF Bowling Lanes, 2441 East Little Creek Road. The day includes three games of bowling, shoe rental, and free beverages for a nominal \$5.05 per person.

OCEAN VIEW SENIOR CENTER

01/07/04	Installation of 60+ Club Officers	11:00am
01/09/04	Ringin g In The New "2004" New Year Bingo	2:00pm
01/14/04	Leapin g Into The New Year	11:30am
01/23/04	Armchair Travel/In The News	11:00am
01/28/04	Super Bowl Bingo	11:30am
02/11/04	Valentine Celebration	11:30am
02/13/04	Valentine Bingo	2:00pm
02/20/04	Armchair Travel/In The News	11:00am
03/12/04	Green Eggs & Ham Bingo	2:00pm
03/17/04	Wearin g Of The Green	11:30am
03/19/04	Armchair Travel/In The News	11:00am

COUNTRY-WESTERN LINE DANCE 1

Day	Time	Date	Fee	NR Fee
Tu	10:00am-11:00am	1/13-3/16	\$32	\$42

COUNTRY-WESTERN LINE DANCE 11

Day	Time	Date	Fee	NR Fee
Tu	11:00am-12:00pm	1/13-3/16	\$32	\$42

SENIOR ADULT SQUARE DANCING (Picture Available)

Come out and enjoy square dance fun, exercise and fellowship at Ocean View Senior Center each **Friday morning from 10:30a.m. - 12:30p.m.** Volunteer caller, recording artist Curt Adams is celebrating his 6th year at this senior fun spot.

OCEAN VIEW SENIOR CENTER

ADVISORY BOARD MEMBERS:

Juanita Basinger  
Millie Guerra  
John F. McCormick  
Margaret Potts  
Mary Sakakini

SOUTHSIDE SENIOR CENTER

01/05/04	Seniors Shopping Trip to Wal-Mart	10:30am
01/10/04	Installation of Officers and Social Hour	11:00am
01/10/04	Senior Club Meeting	1:00pm
01/15/04	Field Trip to Hampton University Museum	10:00am
01/23/04	Cake Contest and Games	1:00pm
02/04/04	Field Trip – Seniors Lunch Out (Old Country Buffet)	12:00pm
02/13/04	Valentine Fashions and Social	1:30pm
02/20/04	The Origins of Black History	1:00pm
03/11/04	Field Trip to Dover Downs, Delaware	6:00pm
03/26/04	January – March Birthday Celebration	1:00pm
03/31/04	Craft Session – Things to Remember	10:00am

Fee-Based Classes

Day	Time	Date	Fee	NR Fee
W	10:30am-11:30am	1/7-3/10	\$20	\$30
W	6:30-8:30pm	1/7-3/10	\$20	\$30

HUNTERSVILLE SENIOR CLUB

01/06/04	New Year's Toast	12:00pm
01/13/04	Exercise and Business Meeting	11:00am
01/20/04	Martin Luther King Program	12:00pm
01/27/04	Fun Tuesday (Bingo/Cards)	12:00pm
02/03/04	Morning Exercise	11:00am
02/10/04	Exercise and Business Meeting	11:00am
02/17/04	Black History Program	12:00pm
02/24/04	Fun Tuesday	12:00pm
03/02/04	Morning Exercise	11:00am
03/09/04	Craft Day	11:00am
03/16/04	Morning Exercise	11:00am





NORVIEW SENIOR CLUB

01/07/04	Business Meeting	11:00am
01/14/04	Bowling at AMF Lanes	12:00pm
01/28/04	Winter Crafts	12:00pm
02/04/04	Business Meeting	11:00am
02/11/04	Valentine's Day Party	12:00pm
02/18/04	A Tribute to Black History	12:00pm
03/03/04	Business Meeting	11:00am
03/17/04	Birthday Celebrations	12:00pm

PARK PLACE SENIOR CLUB

01/08/04	All About Kwanzaa Craft Project	11:00am
01/15/04	Martin Luther King, Jr. Celebration	11:00am

01/22/04	Maya Angelo Biography Exercise Program	11:00am
01/29/04	Bingo Celebration	11:00am
02/05/04	Gospel Trivia Games	11:00am
02/12/04	Garden Club Presentation (Carol Kramer)	11:00am
02/19/04	Blood Pressure/Health Screening	11:00am
02/26/04	Black History Celebration	11:00am
03/04/04	Sewing Project	10:00am
03/11/04	Heritage Soup Fest – Recipe Sharing	10:00am
03/18/04	Library Visit – Exercise Program	10:00am
03/25/04	Senior Citizens Day (Southside Boys & Girls Club)	10:00am

TARRALLTON SENIOR CLUB

01/09/04	Business Meeting and Social	11:00am
01/16/04	Ice Cream Social	11:00am
01/30/04	Hot Dog Social	11:00am
02/06/04	Business Meeting and Social	11:00am
02/13/04	Valentine's Day Social & Sweethearts on Parade	11:00am
02/27/04	Ice Cream Social	11:00am
03/05/04	Business Meeting and Social	11:00am
03/12/04	St. Patrick's Day Social	11:00am
03/26/04	Pizza Social	11:00am

TITUSTOWN SENIOR CLUB

01/08/04	Business Meeting	11:00am
01/15/04	Dr. Martin Luther King Celebration	11:00am
01/20/04	Trip to Chrysler Museum	10:00am
01/22/04	Winter Craft Project	11:00am
01/29/04	Season Tea	11:30am
02/05/04	Business Meeting	11:00am
02/12/04	Valentine Bingo Party	11:00am
02/17/04	Trip to Cinema Café	10:00am
02/19/04	Having a Healthy Heart (Speaker)	11:00am
02/26/04	Craft Time	11:00am
03/04/04	Business Meeting	11:00am
03/11/04	Senior Makeover Day	11:00am
03/18/04	St. Patrick's Day Bingo Party	11:00am
03/23/04	Ruby Tuesday Lunch Date	11:00am
03/25/04	Spring Craft Project	11:00am

SHERWOOD FOREST

Date	Event	Time
01/08/04	New Years Celebration and Social	11:00am
01/22/04	Covered Dish and Birthday Celebration	11:00am
02/05/04	Exercising to the Music	11:00am
02/19/04	"Happy Birthday to You"- Birthday Celebration	11:00am
03/04/04	"Bingo for Green"	11:00am
03/18/04	A Visit to Casement Museum	11:00am

Therapeutic Recreation is utilizing recreation services and leisure experiences to help people with disabilities make the most of their lives physically, mentally, emotionally, and socially. Therapeutic Recreation can improve functional abilities, enhance recreation skills and attitudes, build confidence, ease fears, improve physical abilities, promote greater self-reliance, strengthen interpersonal skills, manage stress, and enrich the quality of life. Therapeutic Recreation can help people of all ages and backgrounds to get well, live well, and stay well!

Registration

Registration will be accepted only at the Therapeutic Recreation Center. Please either mail in or drop by all registration forms and checks (payable to City of Norfolk Treasurer) by registration date at the Therapeutic Recreation Center, 180 East Evans Street, Norfolk, VA 23503. Money is due at the time of registration. If you have any questions please call 441-1764(V/TDD). Registration will not be accepted prior to the registration date. Some events are not published in our Good Times, please contact the center for additional information. All programs are for ages 14 and up!

MAKE-IT-MOSAICS

Pick out colored tiles and glass, arrange in a design, add found items like shells or buttons, and glue pieces down. Cover it all with grout, then allow it to set and wipe it clean. You've got a completed mosaic! In no time you'll have unique items to show off in your home, patio, and garden. There is a \$10.00 supply fee and additional supplies will be discussed the first class.

Activity #	Site	Day	Time	Date	Fee	NR Fee
266750 01	TR Center	F	9:30am-11:00am	1/16 – 3/19	\$20	\$30

CERAMICS

Enjoy the opportunity to paint your own piece of decorative or functional art in a fun atmosphere. Participants must provide green ware and any special paints not provided in center supplies. A \$5.00 supply fee is due at the first class. Limited transportation is available.

Activity #	Site	Day	Time	Date	Fee	NR Fee
266720 01	TR Center	Tu	10:00am-12:00pm	1/13 – 3/16	\$20	\$30

GET FIT WHILE YOU SIT

Who said you have to get up out of your chair? Enjoy exercise while you sit. This is a low to moderate level of exercise used to strengthen muscle, increase flexibility, range of motion and much, much more. It is suggested to bring a water bottle and towel, you will also need to wear comfortable clothes and proper footwear.

Activity #	Site	Day	Time	Date	Fee	NR Fee
266722 01	TR Center	Tu	3:30pm-4:30pm	1/13 – 3/16	\$15	\$25





# Therapeutic Recreation Center/*Any Disability*

## JAZZ IT UP!

Do you love to dance? If so, this is your chance to get exercise while learning different dance steps. You will learn a variety of dance styles and routines. Participants will need to wear comfortable clothes, proper footwear, and a water bottle is suggested.

Activity #	Site	Day	Time	Date	Fee	NR Fee
266721 01	TR Center	W	2:30pm-3:30pm	1/14 – 3/17	\$15	\$25

## LOW IMPACT EXERCISE AND STRETCH

Tone and firm your muscles, as well as increase your flexibility using aerobic workouts without jumping or jarring the joints. Class includes warm-up, work out, and cool-down.

Activity #	Site	Day	Time	Date	Fee	NR Fee
266752 01	TR Center	F	5:00pm-5:50pm	1/16 – 3/19	\$15	\$25



## SPARES AND STRIKES:

### RECREATIONAL BOWLING

Bowling fun! Join us at the Little Creek AMF Lanes to learn the basic rules of 10 pin recreational bowling. Adaptive equipment is available if needed. Limited transportation is available. There is an additional fee of \$1.00 per game each week.

Activity #	Site	Day	Time	Date	Fee	NR Fee
210710 01	AMF	M	12:30pm-2:00pm	1/12 – 3/15	\$15	\$25

## SPARES AND STRIKES:

### SKILL BUILDING BOWLING

Would you like to further your bowling techniques to improve your bowling? Join us at the Little Creek AMF Lanes to improve your skills and ball handling techniques. You will have the opportunity to increase bowling skills to eventually advance to independent league bowling. Adaptive equipment is available if needed. Limited transportation is available. There is an additional fee of \$1.00 per game each week. \*\*Class referral is required, call center for more information.

Activity #	Site	Day	Time	Date	Fee	NR Fee
210731 01	AMF	W	4:00pm-6:00pm	1/14 – 3/17	\$15	\$25

## Outings

### ST. PATRICK'S DAY PARADE

Experience the luck of the Irish at the annual St. Patrick's Day Parade down Granby St. Enjoy old-fashion cars, local high school bands, homemade floats, fire trucks, policemen on horses, and many other surprises. Transportation limited.

Activity #	Site	Day	Time	Date	Fee	NR Fee
266760 01	TR Center	Sa	8:00am-3:00pm	3/13	\$5	\$15

Are you a couch potato? To change this, get involved in the Therapeutic Recreation Center's programs.

### TOM SAWYER BY THE HURRAH PLAYERS (NEW!)

Come experience the excitement of the performing arts live at the Roper Performing Arts Center. Experience the musical retelling of the classic tale of runaways learning the lessons of life. Enjoy lunch at Johnny Rockets prior to the show. Extra cost of \$15 is required for the play. Bring money for lunch and snacks in between acts. Transportation is available.

Activity #	Site	Day	Time	Date	Fee	NR Fee
266764 01	TR Center	Sa	11:00am-7:00pm	3/20	\$5	\$15

# Therapeutic Recreation Center/*Aquatic Therapy*

## AQUACISE I

Water is the perfect medium for physical rehabilitation. Come join the group and work toward increased mobility and range of motion. Does not require swimming skills, but participants must be able to stand alone in 3 \_ feet of water. Participants must be able to dress and toilet themselves. Swimsuits must be worn in the pool. Limited transportation is available.

Activity #	Site	Day	Time	Date	Fee	NR Fee
246711 01	Northside	M	1:00pm-1:45pm	1/12 – 3/15	\$15	\$25
246711 02	Northside	F	1:00pm-1:45pm	1/16 – 3/19	\$15	\$25
246711 03	Northside	M,F	1:00pm-1:45pm	1/12 – 3/19	\$25	\$35

## AQUACISE II

How long have you participated in Aquacise? Do you feel it's time to experience a new, faster paced workout to further your physical rehabilitation? If so, it's time for you to join Aquacise II, a comprehensive total body workout not only designed to increase mobility and range of motion, but to increase strength and muscle endurance. Participants must be able to stand in 4 feet of water, dress and toilet themselves. No swimming skills are necessary. Swimsuits are required. \*\*Class referral required, call center for more information.

Activity #	Site	Day	Times	Date	Fee	NR Fee
246730 01	Northside	W	1:00pm-1:50pm	1/14 – 3/17	\$15	\$25

### AQUACISE I & II COMBO (NEW!)

Do you need to gain muscular strength and endurance as well as maintain flexibility? Then this combination of classes is for you! Participants must be able to stand in 4 feet of water, dress and toilet themselves. No swimming skills are necessary. Swimsuits are required. \*\*Class referral required, call center for more information. Transportation is not available on Wednesdays.

Activity #	Site	Day	Times	Date	Fee	NR Fee
246730 02	Northside	M,W	1:00pm-1:45pm	1/12 – 3/17	\$25	\$35
246730 03	Northside	W,F	1:00pm-1:45pm	1/14 – 3/19	\$25	\$35

### MODERATE IMPACT AQUA AEROBICS

Join us in the water for a comprehensive total body workout while toning muscles and working that heart out! Participants must be able to stand in 3 \_ feet of water independently and engage in aerobic exercise for 30 minutes. No transportation provided. Swimsuits must be worn.

Activity #	Site	Day	Times	Date	Fee	NR Fee
246713 01	Northside	M	6:00pm-6:50pm	1/12 – 3/15	\$15	\$25

Did you know the pool water temperature should be at least 83F to decrease joint pain and stiffness to make joint movement easier.



### DEEP WATER POWER HOUR (NEW!)

Are you ready for the ultimate aquatic challenge – deep water exercise? Join us for a full body workout in the deep end of the pool using floatation devices for assistance. Work up a sweat to music, while increasing your heart rate and strengthening your entire body! Participants must feel comfortable in deep water and be able to engage in aerobic exercise for 45 minutes. No transportation provided. Swimsuits must be worn.

Activity #	Site	Day	Time	Date	Fee	NR Fee
246751 01	Northside	F	1:45pm-2:30pm	1/16 – 3/19	\$15	\$25





**LET’S SHOP AT THE WILLIAMSBURG POTTERY (NEW!)**  
Join us and find that unique treasure as you enjoy all the sites, sounds, and smells (homemade fudge... Mmmm!!!) of the World famous Williamsburg Pottery. We will explore the outlet stores leaving no item unseen. We will take time for a snack during our travels and then go for a late lunch in Williamsburg before heading home. Trip fee is \$20, (which includes dinner) and must be paid at time of registration. Participants will need extra money for a light snack, drink, and shopping. Instructor: Steven Errante

Activity #	Site	Day	Time	Date	Fee	NR Fee
266763 01	TR Center	Sa	9:00am-7:00pm	1/17	\$5	\$15

**CINEMA CAFÉ**  
Lights, camera, action! Come enjoy dinner while you watch a movie with friends at Cinema Café. The food is delicious. There will be an additional cost for movie and dinner. Transportation is limited, so sign up early.

Activity #	Site	Day	Time	Date	Fee	NR Fee
266745 01	TR Center	Th	3:00pm-10:00pm	2/19	\$5	\$15

Total number of Americans in need of long-term care is expected to rise from 13 million in 2000 to 27 million in 2050.  
(National Health Interview Survey, 1994-95 Disability Supplement)

Classes

**GAME NIGHT (NEW!)**  
Come out to learn, play, and have a good time participating in a variety of board and table games. We will play traditional and non-traditional games such as checkers, trouble, bingo, cards, and the memory game. You may have a favorite that you would like to share with the group. Two "Dollar Tree" items will be needed for the bingo game prizes. Please bring them the first game night. Instructor: Steven Errante.

Activity #	Site	Day	Time	Date	Fee	NR Fee
266753 01	TR Center	F	6:00pm-6:50pm	1/16 – 3/19	\$15	\$25

**FUN BUNCH I**  
Come along and join the fun. This is a great opportunity to improve your social skills in a light-hearted, easy-going atmosphere. The Fun Bunch will meet at the TR Center, then travel to a variety of area fun spots. Must be ambulatory. Additional costs may be required. Call for specific dates at 441-1764 (V/TDD).

Activity #	Site	Day	Time	Date	Fee	NR Fee
266790 01	TR Center	F	7:00pm-10:00pm	Varies	\$15	\$25

**FUN BUNCH II**  
Come along and join the fun. This is a great opportunity to improve your social skills in a light-hearted, easy-going atmosphere. The Fun Bunch will meet at the TR Center, then travel to a variety of area fun spots. Must be ambulatory. Additional costs may be required. Call for specific dates at 441-1764 (V/TDD).

Activity #	Site	Day	Time	Date	Fee	NR Fee
266792 01	TR Center	F	7:00pm-10:00pm	Varies	\$15	\$25

### Favorite Flick Friday

How about starting your weekend with a movie, pizza, and friends? If this sounds like fun to you, then Favorite Flick Friday is where you belong! The group will meet at the TR Center on 3 Fridays, order pizza, and rent a movie. Call for specific dates at 441-1764 (V/TDD). Additional costs may be required.

Activity #	Site	Day	Time	Date	Fee	NR Fee
266791 01	TR Center	F	7:00pm-10:00pm	Varies	\$15	\$25

Outings

**TRY YOUR LUCK AT DOVER DOWNS (NEW!)**  
Do you have a pocket full of nickels? Get some arm exercise by playing the nickel slots at Dover Downs. We are suggesting you bring between \$10 and \$20 in nickels to feed those hungry slots. We will also take in a movie, show, or local site depending on available time. You will need money for lunch and dinner (fast food style), to play the slots (have nickels is a small container to hold while playing), and for souvenirs (optional). The trip fee is \$25 and must be paid at time of registration to secure a seat. You must have transportation to the TR Center and transportation back home will be provided. Instructor: Steven Errante

Activity #	Site	Day	Time	Date	Fee	NR Fee
266761 01	TR Center	Sa	9:00am-11:00pm	3/27	\$5	\$15

What is out there? Sign up for outings to see what is in your community!

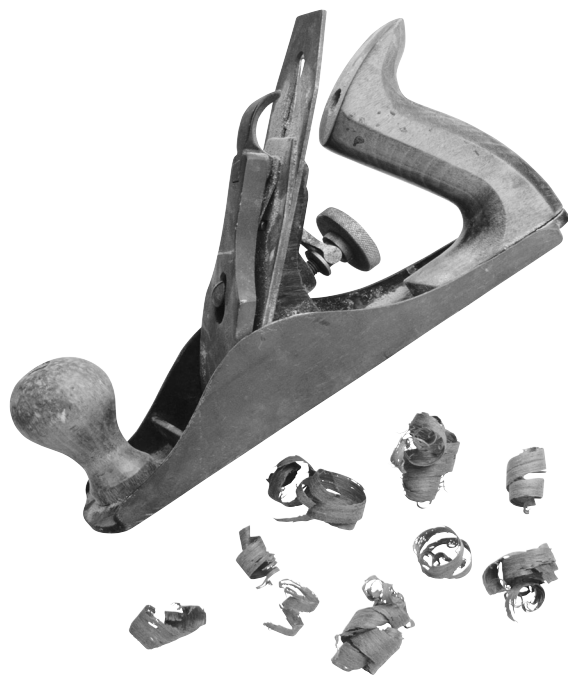
**SUPER BOWL PARTY AT THE T. R. CENTER (NEW!)**  
Yes, it is true. We are going to host the first TR SUPER BOWL PARTY. There will be a pre-game meal and trash talk (for those able to hold their own). Complete with games and activities leading up to kick-off. We will have snacks and drinks throughout the game. The final whistle will end the party. Limited transportation will be available. The Program Fee will be \$25 (covers food, games, and prizes) and must be paid when registering for class. \*\*Fees are non-refundable. Wear your favorite team jersey or colors. Instructor: Steven Errante.

Activity #	Site	Day	Time	Date	Fee	NR Fee
266772 01	TR Center	Su	3:00pm-10:00pm	2/1	\$5	\$15

**A VALENTINE TO REMEMBER: DANCE - DINE – ROMANCE (NEW!)**  
Valentine's Day is a chance to spend a romantic evening with your sweetheart. Is there someone you would like to invite for an enjoyable evening together? The night will include dancing, specially prepared dinner, a romantic movie, and some surprises. The dress will be semi-formal (gentleman should wear dress pants, shirt, tie, and suit jacket is optional, but recommended for the total effect). The fee (non-refundable) is \$30 per couple and due at the time of registration to guarantee your reservation. Transportation is limited. Instructor: Steven Errante.

Activity #	Site	Day	Time	Date	Fee	NR Fee
266762 01	TR Center	Sa	9:00am-7:00pm	1/17	\$5	\$15





Outings

18TH CENTURY POTTERY TOUR (NEW!)

Join us for a tour at the Williamsburg Pottery Factory where we will explore the art of making 18th Century Pottery. Enjoy lunch at the famous Pierce’s Barbeque Restaurant and shop the outlets to complete the day. Bring extra money for lunch and shopping. Transportation is available.

Activity #	Site	Day	Time	Date	Fee	NR Fee
266740 01	TR Center	Th	9:00am-5:00pm	2/12	\$5	\$15

CHRYSLER MUSEUM

Join us for a tour of the Murano: Glass from the Olnick Spanu Collection exhibit where we’ll see nearly 300 pieces of Venetian glass from the 20th and 21st Centuries. We’ll enjoy a lunch at Freemason Abbey prior to visiting the museum. Bring extra money for lunch and the museum gift shop. Transportation is available.

Activity #	Site	Day	Time	Date	Fee	NR Fee
266741 01	TR Center	W	9:00am-5:00pm	1/21	\$5	\$15

Therapeutic Recreation Services develop functional skills through physical therapy, access leisure skills through education and repetition, and enhance leisure lifestyles through participation in the least restrictive environment, based on individual needs and limitations.

REACH FOR THE STARS!

Do you enjoy gazing at the stars? Then you need to visit the Chesapeake Planetarium, which is a great place to learn about the mysteries in the Virginia skies. We will eat dinner at a local restaurant. There will be an additional cost for dinner. Transportation is limited.

Activity #	Site	Day	Time	Date	Fee	NR Fee
266742 01	TR Center	Th	3:00pm-11:00pm	3/4	\$7	\$17

Workshops

WOOD CRAFT WORKSHOP (NEW!)

Join us to create a functional woodcraft project. You will learn the steps involved in completing wood projects. Transportation is limited, so sign up early. There will be an extra cost for project kit. Participants interested in workshop will be at the center during lunch. It is suggested that participants bring lunch or purchase pizza for \$1.00 per slice, drinks will be provided.

Activity #	Site	Day	Time	Date	Fee	NR Fee
266743 01	TR Center	Th	10:00am-12:00pm	2/26	\$5	\$15

BEADED JEWELRY

Do you love jewelry? This is your chance to make your own jewelry out of beads. You will use a variety of colored and textured beads to design a piece that will match your outfit. All supplies provided. Transportation is limited, so sign up early. Participants interested in workshop will be at the center during lunch. It is suggested that participants bring lunch or purchase pizza for \$1.00 per slice, drinks will be provided.

Activity #	Site	Day	Time	Date	Fee	NR Fee
266744 01	TR Center	Th	10:00am-12:00pm	1/29	\$10	\$20



MICROSOFT BASIC 101

This course is an introduction to computer, its parts, basic maintenance. The focus of the class will be to expose and encourage the beginner user to work with the computer in more ways than just playing games. Basic typing skills will be developed using interactive typing program. The safe an moral uses of the internet will be explained, demonstrated and emphasized. Call 441-1035 for additional information. Adult 18-99. Maximum of 10 students

Activity#	Site	Day	Time	Date	Fee	NR Fee
268003 -01	VCM	M	6:00-8:00PM	1/5-3/8/04	\$45	\$55

MICROSOFT BASIC 102

Learn to use such productivity program as MS Word, Excel, Power Point and MS Email program (Outlook, Outlook Express) This course focuses on task related to properly maintaining an operating system, correctly loading and unloading programs/drivers, the organization of the file system and the construction of logical procedures to facilitate effective basic system trouble shooting. Keyboarding skills will be taught to using interactive typing programs and group typing session. Students will also be challenge to successfully disassemble and re-assemble complete computer systems to include installation of a software and connection to network. Adult 18-99. Maximum of 10 students.

Activity#	Site	Day	Time	Date	Fee	NR Fee
268004-02	VCM	W	6:00-8:00PM	1/7-3/10/04	\$45	\$55

SENIOR BEGINNERS COMPUTER

This course is an introduction to computers. Its parts and basic maintenance. The focus of the class will be to expose and encourage the beginner user to work with the computer and not be afraid. Basic typing skills will be developed using interactive typing program. Learn how to surf the internet for information. Ages 55-99. Maximum 15

Activity#	Site	Day	Time	Date	Fee	NR Fee
268005 -01	VCM	T&TH	10:30AM-12:30PM	1/6-3/9/04	\$25	\$35

SENIOR INTERMEDIATE COMPUTER

Learn to use such program as MS Word, Excel and Email program (Outlook, Outlook Express) this course focuses on task related to properly maintaining an operation system by correctly loading and unloading programs/drivers, the organization of the file system and construction of logical procedures to facilitate effective basic system troubleshooting. Ages 55-99, Maximum 15

Activity#	Site	Day	Time	Date	Fee	NR Fee
268005 -02	VCM	M&W	10:30AM-12:30PM	1/5-3/8/04	\$25	\$35

YOUTH & TEEN COMPUTER

This course is an introduction to computer, its parts basic maintenance. The focus of the class will be to expose and encourage the beginner user to work with the computer in more way than just playing games. Basic typing skills will be developed using interactive typing program, safe an moral uses of the internet will be explained, demonstrated and emphasized. Age 9-17, maximum 13 students.

Activity#	Site	Day	Time	Date	Fee	NR Fee
268007-01	VCM	W&F	3:30-5:30PM	1/7-3/10/04	\$45	\$55

SOFTWARE PREPARATION FOR COMPTIA A+ CERTIFICATION

Design to introduce the intermediate computer user/ technician in the functional parts of the computer and develop the knowledge of proper software installation and trouble shooting techniques necessary to successfully complete the software domain of the A+ Certification test. Course material needed, COMP-TIA A+ Certification book. Ages 18-99, maximum 10 students.

Activity#	Site	Day	Time	Date	Fee	NR Fee
268008-02	VCM	T&TH	6:00-8:00PM	1/6-3/9/04	\$50	\$80





**HOME SCHOOL BEGINNER  
COMPUTER SKILL BUILDING**  
This course is an introduction to computer, its parts, basic maintenance. The focus of the class will be to expose and encourage the beginner user to work with the computer in more ways than just playing games. Basic typing skills will be developed using interactive typing program. The safe an moral uses of the internet will be explained, demonstrated and emphasized. Call 441-1035 for more information. Grade 4-6, Maximum of 10 students

Activity#	Site	Day	Time	Date	Fee	NRFee
268001-01	VCM	Tu	12:30-2:00PM	1/6-3/9/04	\$45	\$55

**HOME SCHOOL INTERMEDIATE  
COMPUTER SKILL BUILDING CLASS**  
Learn to use such productivity program as MSWord, Excel, Power Point and MS E-mail programs (Outlook, Outlook Express) This course focuses on tasks related to properly maintaining an operating system, correctly loading and unloading programs/drivers, the organization of the file system troubleshooting. Keyboarding skills will be taught to using interactive tying programs and group typing session. Students also will be challenged to successfully disassemble and re-assemble complete computer systems to include installation of software and connection to network. Grade 7-12, Maximum of 10 students.

Activity#	Site	Day	Time	Date	Fee	NRFee
268002-01	VCM	Thu	12:30-2:00PM	1/8-3/11/03	\$45	\$55



Photography Classes

**PHOTOGRAPHY/ BEGINNERS**  
Introduction to Black & White Photography  
The Vivian C. Mason is pleased to open the doors to our dark room. Exposure shutter speed, aperture and depth of field made easy and enjoyable. Get to know your camera. A great print comes from a great negative. Learn about the exciting Process of developing negatives and printing a photograph from that negative. Learn about the use of filters, the camera lens, flash, tripod, light, cables and technical care of negative prints. Special techniques includes "dodging" and "burning". Studio time included during class. Safety maintenance will be emphasized. 35mm camera required. Please call for supply list. Ages:10-99

Activity#	Site	Day	Time	Date	Fee	NRFee
268009-01	VCM	TH	6:00-8:00PM	1/8-3/11/04	\$125	\$135

**PHOTOGRAPHY/ INTERMEDIATE**  
This class is for participants who like to learn more about special techniques in black and white photography. Experiment in the dark room with special techniques including: sepia toning, hand colored prints "sandwich" negatives, kodolith printing and more, studio class time included during session. Darkroom safety emphasized. Some proficiency required. Please Call for supply List. Ages 13-99

Activity#	Site	Day	Time	Date	Fee	NRFee
268009-02	VCM	TUE	6:00-8:00PM	1/6-3/9/04	\$125	\$135

**DIGITAL PHOTOGRAPHY**  
Introduction to the operation of a digital camera and learn the techniques of lighting, angels, etc. Also you will learn how to use the computer to down load and print. Learn the types of paper to print the picture on. This class is for Ages 13-99 for (6) weeks

Activity#	Site	Day	Time	Date	Fee	NRFee
268010-01	VCM	W	6:00-8:00PM	1/7-2/11/04	\$65	\$85

Pottery Classes/Adult

**HAND BUILDING AND SCULPTURE**  
Learn to construct clay containers, such as bowls, boxes, garden pots and more, create sculptures by hand. Use the coil, slab, drape and pinch techniques, learn finishing and glazing. Only work produced in class will be fired. Call 441-1035 supply information. Ages 18 and up

Activity#	Site	Day	Time	Date	Fee	NRFee
268803-01	VCM	TU	10:00am-12	1/6-3/9/04	\$45	\$55
268803-02	VCM	M	6:00-8:00pm	1/5-3/8/04	\$45	\$55

**THROWING ON THE WHEEL/ BEGINNER**  
Student will learn to throw graceful pottery forms on the wheel. Lessons include centering, creating the cup, vase and bowl forms, adding handles, trimming, finishing and glazing. Only work produced in class will be fired. Call 441-1035 for supply information Ages 18-up.

Activity#	Site	Day	Time	Date	Fee	NRFee
268804-01	VCM	W	6:00-8:00PM	1/7-3/8/04	\$50	\$60
268804-02	VCM	TH	10:00am-12	1/8-3/11/04	\$50	\$60

Pottery Classes/Adult

**HAND BUILDING AND SCULPTURE**  
Learn how to construct clay containers, such as pots, bowls, boxes and more, and create sculptures by hand. Lessons include visualizing and creating various types of forms using the coil, slab, drape and pinch techniques, finishing and glazing. Teaches planning and preparation, creative design, how to work with media, attention to detail and personal expression. Call 441-1035 for supply information. Ages 10-up

Activity#	Site	Day	Time	Date	Fee	NRFee
268801-01	VCM	TU	3:30-5:30PM	1/6-3/9/04	\$45	\$55



Activity#	Site	Day	Time	Date	Fee	NRFee
268802-01	VCM	M	3:30-5:30PM	1/5-3/8/04	\$50	\$60

Home School

**HAND BUILDING AND SCULPTURE**  
Construct clay forms and crate sculptures by hand. Lessons include visualizing and creating various types of forms using the coil, slab, drape and pinch techniques, finishing and glazing. Teaches planning and preparation, creative design, how to work with the media, attention to detail and personal expression. Call 441-1035 for supply information. Grade 7-12, maximum of 6 students.

Activity#	Site	Day	Time	Date	Fee	NRFee
268801-03	VCM	TU	12:30-2:30	1/6-3/9/04	\$45	\$55

**THROWING ON THE WHEEL**  
Learn to throw grateful pottery forms on the wheel. Lessons include centering, creating the cup, vase and bowl for beginners adding handles, trimming, finishing and glazing. Teaches creative and aesthetic design, how to work with the media, attention to detail and personal expression. Call 441-1035 for supply information. Grade 7-12, maximum of 6 students

Activity#	Site	Day	Time	Date	Fee	NRFee
268802-04	VCM	TH	12:30-2:30PM	1/8-3/11/04	\$50	\$60

**POTTERY GLAZE FEE**  
All pottery students are required to pay a glaze fee if they intend to use the center's high-fire glazes. This is \$10 for beginners students and \$20 for intermediate and advance students who produce a moderate number of pots. The fee cover the cost of chemical supplies, preparation, maintenance and storage of glazes and is due upon registration for pottery classes.

Activity#	Class Status	Fee
268824-09	Beginner fee	\$10
268824-10	Intermediate fee	\$20



### Paul Street Gallery

We are pleased to welcome you to the new Paul Street Gallery. The gallery will hold its premiere show on Sunday, January 11, 2004. The show will feature the work of artist Mildred Tickle; among the offerings will be ink paintings, collages and pottery.

The opening will be held from 5:00-7:00 p.m. in the east wing of the Titustown Recreation and Visual Arts Center. Refreshments, music and an opportunity to talk to the artist about her work will be the focus of the evening.

The show will be in the gallery from January 11, 2004, through March 11, 2004. After the premiere, the gallery will be open Saturdays from 10:00 p.m.-2:00 p.m. and by appointment.

The center is located at 7545 Diven Street, Norfolk, VA 23505. Phone inquiries can be directed to 441-1227.

Teacher Profile

RANDY WHITEHURST



Raised in Hampton Roads and a graduate of Booker T. Washington High School, Randy Whitehurst has been in the photography industry since the summer of 1984. During his senior year of high school, he decided to become a commercial photographer. Starting at the bottom, he worked as a lab tech for Tamte/Wilson photography while freelancing and gaining experience. After 6 years going from lab tech to assistant photographer, learning custom film processing, custom color and black & white printing as well as slide processing, studio and location photography, he was offered an opportunity to learn aerial photography from a local beach photographer, Jack Will. Jack was owner and photographer for Advertising Visuals in Virginia Beach until 1991, when he died, leaving the company to Gene Woolridge. Again diving right in, Randy learned the business from the ground up; putting special interest on aerial photography, he also developed his studio photography skills. In 1996 Randy moved to Rhode Island and became one of the lead photographers for the Naval War College until 2001, when he relocated back in the Hampton Roads area where he once again is doing his dream job as an aerial photographer.

Classes

**Note: Some classes may have a small material fee for expendable items. Please check with Visual Arts at 441-1227.**

BEADWEAVING, BEGINNING

Beadweaving is the age-old craft of stitching glass beads into pieces of jewelry--you can easily learn to make exquisite, wearable art, and you don't need 20/20 vision. You'll actually find this art form to be very relaxing, so please join us! Learn beginning loom work and off-loom techniques. (8 weeks class @ 2-1/2hrs) Instructor: Pam Hunt.

Activity #	Site	Day	Time	Date	Fee	NR Fee
267802 01	Visual Arts	W	6:15pm-8:45pm	1/7-2/25	\$45	\$55

CERAMICS

Students of all levels learn techniques and refine skills in decorating and glazing ceramics; skills, materials, methods and design are stressed. Learn about greenware, bisque, underglazes, glazes, overglazes, stains and techniques such as washing, antiquing, majolica, dry brushing and much, much more. Only work produced during class will be fired. Students are responsible for supplies (greenware, glazes, brushes etc.). Instructors are Lily Ponds (Campostella), Noleen Parks (Fairlawn), Virginia Scales (Huntersville), Rose Randall (Sherwood), Margaret Johnson (Southside), Betsy Brown (Merrimack).

Activity#	Site	Day	Time	Date	Fee	NR Fee
218804 01*	Campostella	M	10:00am-11:00am	1/5-3/8	\$20	\$30
218804 02	Campostella	Th	6:00pm-8:00pm	1/8-3/11	\$40	\$50
228804 01	Fairlawn	M	10:00am-12:00pm	1/5-3/8	\$40	\$50
228804 02	Fairlawn	M	6:30pm-8: 30pm	1/5-3/8	\$40	\$50
232804 01*	Huntersville	W	10:00am-11:00am	1/7-3/10	\$20	\$30
244804 01*	Merrimack	F	9:00am-10:00am	1/9-3/12	\$20	\$30
249804 01*	OVSC	Tu	10:00am-11:00am	1/6-3/9	\$20	\$30
249804 02*	OVSC	Th	10:00am-11:00am	1/8-3/11	\$20	\$30
258804 01	Sherwood	W	10:00am-12:00pm	1/7-3/10	\$40	\$50
258804 02	Sherwood	W	1:00pm-3:00pm	1/7-3/10	\$40	\$50
261804 01*	Southside	W	10:30am-11:30am	1/7-3/10	\$20	\$30
261804 02*	Southside	W	6:30pm-7:30pm	1/7-3/10	\$20	\$30

\*Senior class

CERAMICS/FAMILY

Students of all levels learn techniques and refine skills in decorating and glazing ceramics. Students are responsible for supplies (greenware, glazes, brushes etc.). Registration fees are per person. Age 8 and up. Instructor: Betsy Brown

Activity#	Site	Day	Time	Date	Fee	NR Fee
244804 02	Merrimack	W	7:00pm-8:00pm	1/7-3/10	\$20	\$30

CLAY SCULPTURE/

INTERMEDIATE AND ADVANCED/AGES 18 & UP

Earn modern techniques of clay sculpture. Slide presentations combined with hands-on lectures give students a unique opportunity to learn the methods of today's leading clay sculptors. Class time will be dedicated to learning construction methods and surface treatments, plus slide discussion. Only work produced during class will be fired. Please call for supply list. Instructor: Stephen Marder.

Activity #	Site	Day	Time	Date	Fee	NR Fee
267824 11	Visual Arts	F	6:30pm-8:30pm	1/9-3/12	\$60	\$70

CLAY TILES

Explore the art of making and decorating tiles using various methods, including bas-relief, flat design work and how to decorate manufactured tiles. Instruction in glazing, as well as suggestions on mounting or displaying finished tiles, will be offered. Only work produced during class will be fired. Students are responsible for supplies (greenware, glazes, brushes etc.). Instructor: Mary Jane Murphy.

Activity #	Site	Day	Time	Date	Fee	NR Fee
267806 01	Visual Arts	Th	6:30pm-8:30pm	1/8-3/11	\$45	\$55

DRAWING/ALL LEVELS

This class is designed for the person who wants to learn the fundamentals of drawing or experience a refresher. The fundamentals of drawing will include perspective, line, shading, texture and form. Open to all levels of experience. Students are responsible for supplies. Instructor: Bernard Conda.

Activity #	Site	Day	Time	Date	Fee	NR Fee
267810 01	Visual Arts	M	6:30pm-8:30pm	1/5-3/8	\$45	\$55



DRAWING/PRIVATE LESSONS, ADULT OR YOUTH

Five (5) weeks of individualized drawing lessons for 45 minutes. Call the Visual Arts Center to schedule the classes. Students are responsible for supplies. Instructor: Bernard Conda

Activity #	Site	Day	Time	Date	Fee	NR Fee
267810 02	Visual Arts	as scheduled			\$75	\$85



FRESH FLOWER ARRANGING

Creating a beautifully arranged bouquet of flowers is easy once you understand the simple principles of design. You will wish you had taken this class sooner when you experience the exhilaration of your first arrangement. You will be taught all aspects of flower arrangement: choice of flowers, cutting techniques, base and fillers, etc. Fresh flowers will be used in class, but the ideas are adaptable to dried flowers. A materials fee of \$25 for flowers will be collected at the first class. Instructor: Mary Jane Murphy.

Activity #	Site	Day	Time	Date	Fee	NR Fee
267814 01	Visual Arts	W	6:30pm-8:30pm	1/7-3/10	\$40	\$50

MOSAICS, BEGINNING

Go ahead--break something! An ancient art makes a comeback. Mosaics involve making designs or images by adhering tiles, glass, even crockery (broken dishes) onto a surface, then grouting. This art has been with us since the beginning of civilization. Learn about materials, methods, uses and more. Call for supply information. Instructor: Gerry Knight.

Activity #	Site	Day	Time	Date	Fee	NR Fee
267818 01	Visual Arts	M	6:30pm-8:30pm	1/5-3/8	\$40	\$50



OIL PAINTING, BEGINNING

Learn painting techniques such as mixing colors, composition, and brushwork from a beginner's point of view. Supplies must be purchased by the student prior to the first class. Supply list is geared for beginning students at a minimal cost. Instructor: Emma Duncan.

Activity #	Site	Day	Time	Date	Fee	NR Fee
267820 01	Visual Arts	M	6:30pm-8:30pm	1/5-3/8	\$40	\$50

OIL PAINTING/STUDIO

Experienced students may sign up for studio and work on individual projects without an instructor. If interested, call 441-1257.

Activity #	Site	Day	Time	Date	Fee	NR Fee
267820 02	Visual Arts	F	10:00am-12:00pm	1/9-3/12	\$25	\$35
(Studio only)						



OIL PAINTING/ALL LEVELS

Through individualized instruction, students of all levels are guided in the selection of images, as well as composition and brushwork, with an emphasis in developing their own painting style. Basic through advanced instruction available. Instructors Noleen Parks (Fairlawn), Ed Stubblefield (Bayview, Tarrallton). Students must purchase their supplies.

Activity #	Site	Day	Time	Date	Fee	NR Fee
212820 01	Bayview	Tu	10:00am-12:00pm	1/6-3/9	\$40	\$50
228820 01	Fairlawn	W	10:00am-12:00pm	1/7-3/10	\$40	\$50
228820 02	Fairlawn	W	12:30am-2:30pm	1/7-3/10	\$40	\$50
228820 03	Fairlawn	Th	10:00am-12:00pm	1/8-3/11	\$40	\$50
228820 04	Fairlawn	Th	12:30pm-2:30pm	1/8-3/11	\$40	\$50
262820 01	Tarrallton	W	10:00am-12:00pm	1/7-3/10	\$40	\$50
262820 02	Tarrallton	W	12:30pm-2:30pm	1/7-3/10	\$40	\$50

ORIENTAL BRUSH PAINTING

Learn the exquisite art of Oriental brush painting from an accomplished and knowledgeable teacher. From the moment that your brush touches the paper, this lovely and calming art form will give you hours of joy. This is an 8-week course (3 hours each session). Students must purchase their supplies. Instructor: Joan Grosch.

Activity #	Site	Day	Time	Date	Fee	NR Fee
267822 01	Visual Arts	Sa	10:00am-1:00pm	1/10-2/28	\$45	\$55

PHOTOGRAPHY/BEGINNING INTRODUCTION TO BLACK & WHITE PHOTOGRAPHY

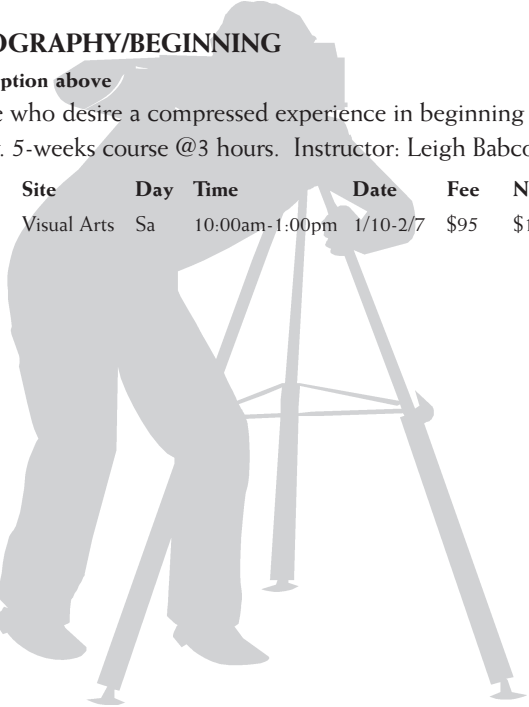
The Visual Art Center was pleased to open the doors to our cozy new darkroom. Exposure, shutter speed, aperture, and depth of field concepts are made easy and enjoyable. Get to know your camera. A great print comes from a great negative. Learn about the exciting process of developing negatives and printing a photograph from that negative. Learn about the use of filters, the camera lens, flash, tripod, and natural and artificial light. Studio time included during class. Safety maintenance will be emphasized. 35mm camera required. Please call for supply list. Class size limited. Instructors: Leigh Babcock & Randy Whitehurst.

Activity #	Site	Day	Time	Date	Fee	NR Fee
267823 01	Visual Arts	Tu	6:30pm-8:30pm	1/6-3/9	\$125	\$135
267823 02	Visual Arts	W	10:00am-12:00am	1/7-3/10	\$125	\$135

NEW! PHOTOGRAPHY/BEGINNING

See description above For those who desire a compressed experience in beginning photography. 5-weeks course @3 hours. Instructor: Leigh Babcock

Activity #	Site	Day	Time	Date	Fee	NR Fee
267823 09	Visual Arts	Sa	10:00am-1:00pm	1/10-2/7	\$95	\$105



NEW! PHOTOGRAPHY/INTERMEDIATE

Black and White Photography offers something new and exciting this winter. This class is for participants who would like to learn more about special techniques in black and white photography. Experiment in the darkroom with special techniques, including sepia toning, hand colored prints, "sandwich" negatives, photograms and more. Studio class time included during session. Darkroom safety is emphasized. Please call for supply list. Participants must have completed beginning photography at the Titustown Visual Arts Center. Class size limited. Instructors: Leigh Babcock & Randy Whitehurst.

Activity #	Site	Day	Time	Date	Fee	NR Fee
267823 03	Visual Arts	Th	6:30pm-8:30pm	1/8-3/11	\$125	\$135
267823 04	Visual Arts	F	10:00am-12:00pm	1/9-3/12	\$125	\$135

NEW! PHOTOGRAPHY/ ADVANCED STUDIO

Advanced photography offers 10 weeks of enjoyable studio time in the Visual Arts Center darkroom. Participants must have completed beginning and intermediate photography at the Titustown Visual Arts Center. Class size limited to 3 participants. Instructor: Leigh Babcock

Activity #	Site	Day	Time	Date	Fee	NR Fee
267823 06	Visual Arts	Sa	2:00pm-4:00pm	1/10-3/13	\$125	\$135

NEW! PRIVATE LESSONS IN DIGITAL PHOTOGRAPHY

Are you curious about digital photography? Find out how to use a digital camera, format photographs for e-mail and printing, understand the importance of image resolution and how to use filters for special effects. Digital photography will be taught using graphics software Adobe Photoshop 7.0. Call for supply list. Instructor: Leigh Babcock

Activity #	Site	Day	Time	Date	Fee	NR Fee
267823 07	Visual Arts	Sa	10:00pm-11:00pm	2/14-3/13	\$125	\$135

PHOTO MATTING AND FRAMING

Come join us for company, and work while you learn to cut a single, double or oval mat for your art work or photos. You will also learn the basics of conservation matting and how to properly fit your matted work to ready-made frames, although we will not be doing the construction of the frames. Students will work on several projects. Class limited to 6. Supplies are extra. Five weeks' course. Instructor: Jill Brunner.

Activity #	Site	Day	Time	Date	Fee	NR Fee
267823 08	Visual Arts	W	1:00pm-3:00pm	1/7-2/4	\$25	\$35

POTTERY, OPEN STUDIO

Currently registered pottery students (in classes below) can use the pottery studio for practice when the room is available. There will be a charge to fire pots produced during open studio. See office staff for details.

POTTERY ON THE WHEEL

Discover the age-old art of making wheel-thrown pottery. Through discussions and demonstrations, learn about clay types, tools, techniques and glazes--for all levels of experience. Only work produced during class will be fired. Call 441-1227 for supply information. Instructor: Robin Hodges.

Activity #	Site	Day	Time	Date	Fee	NR Fee
267824 02	Visual Arts	Tu	7:00pm-9:00pm	1/6-3/9	\$50	\$60
267824 03	Visual Arts	Th	7:00pm-9:00pm	1/8-3/11	\$50	\$60



POTTERY/ WHEEL THROWING AND ALTERING

Learn methods of achieving beautiful pieces by using techniques of both wheel and hand. The class is predominantly wheel throwing with side explorations into altering thrown forms. Emphasis is on combination techniques and using stamps to create texture. Only work produced during class will be fired. Call 441-1227 for supply information. Instructor: Sally Harland.

Activity #	Site	Day	Time	Date	Fee	NR Fee
267824 04	Visual Arts	W	10:00am-12:00pm	1/7-3/10	\$50	\$60
267824 01	Visual Arts	W	6:30pm-8:30pm	1/7-3/10	\$50	\$60



**POTTERY ON THE WHEEL/ SOME PROFICIENCY REQUIRED**  
A skill building class designed for students with some proficiency. Projects will be developed as a class. Simplicity of form and decoration, as well as balance and proportion will be discussed. Studio safety practices will be stressed. Only work produced during class will be fired. Call 441-1227 for supply information. Instructor: Mildred Tickle.

Activity #	Site	Day	Time	Date	Fee	NR Fee
267824 05	Visual Arts	F	10:00am-12:00pm	1/9-3/12	\$50	\$60

**POTTERY ON THE WHEEL /ALL LEVELS**  
Get your hands dirty! If you have always been interested in throwing on the wheel, this is the class for you. Students at any and all levels of experience are invited to learn how to center, form and glaze. Students will enjoy studio times and learn about equipment use and safety procedures. Studio safety practices will be stressed. Only work produced during class time will be fired. Call for supply information. Instructor: Mildred Tickle.

Activity #	Site	Day	Time	Date	Fee	NR Fee
267824 06	Visual Arts	Tu	10:00am-12:00pm	1/6-3/9	\$50	\$60

**POTTERY ON THE WHEEL/HANDBUILDING/ TEENS AND ADULTS**  
This class offers a fun opportunity for teens and adults to learn the exciting art of throwing on the wheel, together! Starting with the cylinder form and progressing to the bowl form, you will learn techniques in glazing, trimming and wedging. Students will become familiar with studio and equipment use, as well as safety practices. Only work produced during class will be fired. Adult must accompany teen and both must register and pay fees. Ages 12 to adult. Call 441-1227 for supply information. Instructor: Stephen Marder.

Activity #	Site	Day	Time	Date	Fee	NR Fee
267824 07	Visual Arts	M	6:30pm-8:30pm	1/5-3/8	\$50	\$60

**POTTERY STUDIO**  
As space permits, students with prior pottery and glazing experience can register for this studio class of 20 hours, to be used whenever the pottery room is available (other than previous listed class times). Only work produced during class will be fired. Glazing must be done under the guidance of an instructor.

Activity #	Site	Day	Time	Date	Fee	NR Fee
267824 08	Visual Arts	M-F	Varies	1/5-3/12	\$50	\$60

**POTTERY GLAZE FEE**  
All pottery students are required to pay a glaze fee if they intend to use the center's high-fire glazes. This fee is \$10 for beginning students and \$20 for intermediate and advanced students who produce a moderate number of pots. The fee covers the cost of chemical supplies, preparation, maintenance and storage of glazes, and is due upon registration for pottery class or studio.

Activity #	Activity	Fee
267824 09	Beginner fee	\$10
267824 10	Intermediate fee	\$20

**QUILTING**  
Step-by-step guidance in the art of creating quilts for all levels of experience. The instructor has more than 30 years experience in quilting, and provides expert instruction in cutting, piecing, sewing and finishing quilts, as well as design, composition and color. Quilting scholarship available. Call 441-1227 for supply information. Instructor: Edith Hughes.

Activity #	Site	Day	Time	Date	Fee	NR Fee
267826 01	Visual Arts	Th	10:00am-12:00pm	1/8-3/11	\$40	\$50
267826 02	Visual Arts	Th	7:00pm-9:00pm	1/8-3/11	\$40	\$50
266826 03	TR Center	Tu	7:00pm-9:00pm	1/6-3/9	\$40	\$50

**QUILTING BEE**  
A class for the experienced quilter. Quilters may attend any of the existing classes for the enjoyment of socializing and exchanging quilting ideas and expertise.

Activity #	Site	Day	Time	Date	Fee	NR Fee
267826 04	Visual Arts	Th	10:00am-12:00pm	1/8-3/11	\$20	\$30
267826 05	Visual Arts	Th	7:00pm-9:00pm	1/8-3/11	\$20	\$30
266826 06	TR Center	Tu	7:00pm-9:00pm	1/6-3/9	\$20	\$30

**SEWING**  
Expand your wardrobe by learning to sew. Beginners learn how to select patterns, cut fabric, and construct clothing and/or home accessories. Individual skill assessment is given for beginners. More advanced coursework includes alteration, tailoring, fitting, and serger sewing. Sewing machines are available on site, or students may get professional guidance on purchasing new or used machines. Call 441-1227 for supply information. Instructor: Deloris Johnson.

Activity #	Site	Day	Time	Date	Fee	NR Fee
267828 01	Visual Arts	Tu	6:30pm-8:30pm	1/6-3/9	\$50	\$60
212828 01	Bayview	Th	6:30pm-8:30pm	1/8-3/11	\$50	\$60

**SEWING/HATMAKING**  
Come join us and explore the art of hatmaking. Learn basic sewing techniques and create your own hat. Make new hats or remodel old ones with fabric or fur. This class is for all levels of experience. Call 441-1227 for supply information. Instructor: Deloris Johnson.

Activity #	Site	Day	Time	Date	Fee	NR Fee
267828 03	Visual Arts	Sa	10:00am-12:00pm	1/10-3/13	\$50	\$60

**SEWING /SLIPCOVERS, WINDOW TREATMENTS, ACCENTS, AND ACCESSORIES**  
Change and coordinate the look of your furniture by covering worn, faded and out-of-date fabrics with slipcovers. Learn how to measure, cut and construct slipcovers. The importance of fabric selection and use of color are included. Chairs only due to space limitation; larger items will not be acceptable. Class size: 6 students. Instructor: Deloris Johnson.

Activity #	Site	Day	Time	Date	Fee	NR Fee
267828 04	Visual Arts	Tu	10:00am-12:00pm	1/6-3/9	\$50	\$60
267828 05	Visual Arts	Tu	6:30pm-8:30pm	1/6-3/9	\$50	\$60

**SEWING CIRCLE**  
A class for those with prior sewing experience. Permission of instructor is required. Students will be incorporated into any on-going sewing class. Instructor: Deloris Johnson.

Activity #	Site	Day	Time	Date	Fee	NR Fee
267828 06	Visual Arts	Varies	Varies	1/5-3/13	\$25	\$35

**SILVER JEWELRY/ALL LEVELS**  
Students of all levels of proficiency are welcome in all classes. Instructors coach all students in their chosen projects. Students are responsible for purchasing their own silver. Expendable supply fee



of \$12.00 is due at first class for all new students and a \$5.00 fee for returning students. Instructors: Barbara and Fred Mason. Beginning students will learn the basic techniques of making silver jewelry through the completion of their own chosen projects. Techniques of filing, piercing, sawing, cold forging, and soldering will be used.

Intermediate students will acquire more technical skills and refine expertise with more advanced independent projects.

Advanced students will improve technical skills, learn to use additional tools, and create more complex projects, including lost wax casting.

Activity #	Site	Day	Time	Date	Fee	NR Fee
228830 01	Fairlawn	W	6:30pm-8:30pm	1/7-3/10	\$45	\$55
267830 02	Visual Arts	Th	6:30pm-8:30pm	1/8-3/11	\$45	\$55
267830 03	Visual Arts	Tu	10:00am-1200pm	1/6-3/9	\$45	\$55
267830 04	Visual Arts	Tu	7:00pm-9:00pm	1/6-3/9	\$45	\$55

**STAINED GLASS/BEGINNING**  
One of our most popular classes! Beginning students will learn the introductory techniques of stained glass design and construction through cutting glass and foiling with copper. Supply fee of \$5.00 payable to instructor at first class for expendable items and the first two projects. The final project costs are the responsibility of the students. Instructor: Gerry Knight.

Activity #	Site	Day	Time	Date	Fee	NR Fee
267832 01	Visual Arts	W	6:30pm-8:30pm	1/7-3/10	\$45	\$55

**STAINED GLASS/ INTERMEDIATE**  
Further develop skills learned in the beginning stained glass class. Students will construct a box or a flat panel lamp. Instructor: George Pillsbury.

Activity #	Site	Day	Time	Date	Fee	NR Fee
267832 02	Visual Arts	Th	7:00pm-9:00pm	1/8-3/11	\$45	\$55

**STAINED GLASS/ STUDIO AND TIFFANY LAMP**  
Students experienced in stained glass may sign up for studio and work on individual projects without an instructor. Advanced students will construct a Tiffany-style lamp. Instructor: Fred Scarlott.

Activity #	Site	Day	Time	Date	Fee	NR Fee
267832 03	Visual Arts	M	6:30pm-8:30pm	1/5-3/8	\$45	\$55
(Advanced)						
267832 04	Visual Arts	M	6:30pm-8:30pm	1/5-3/8	\$25	\$35
(Studio only)						



WATERCOLORS

Explore watercolor through discussion, demonstration, and hands-on practice. Students will learn about watercolor materials, controlling the brush, use of color, painting techniques and composition. Call 441-1227 for supply information. Instructor: Yvonne Wilson Boone.

Activity #	Site	Day	Time	Date	Fee	NR Fee
266834 01	TR Center	Tu	6:30pm-8:30pm	1/6-3/9	\$40	\$50

WOOD FURNITURE REPAIR AND REFINISHING

Bring your furniture problems to our class and learn what is needed to repair and later refinish furniture. Do not throw away a wooden chair or table. We have the tools and glue to fix the worst of problems (dents, dings, scratches, creaks and groans). Learn about wood—why it moves and why it fails. Small supply fee due at first class. Instructor: Art Green, Master Woodcraftsman.

Activity #	Site	Day	Time	Date	Fee	NR Fee
267836 01	Visual Arts	W	6:30pm-8:30pm	1/7-3/10	\$60	\$70

Kids Art

Kids Art courses and activities are offered for children up to 17 years of age. Please register in advance, no later than 1 week before the first day of class. Participants provide their own art supplies unless otherwise stated. For more information about registration, sites, or supplies, please call the Visual Arts office at 441-1227.



DID YOU KNOW?

The College Entrance Examination Board reports that students of the arts, whether music, drama, visual or other, consistently outscore non-arts students on both verbal and math portions of the SAT exams. The longer that art is studied, the reports show, the higher the overall SAT scores. Other studies have uncovered similar findings. For instance, test scores in reading, writing, and vocabulary doubled at one Los Angeles School after three years of an arts education pilot program; that school now has the highest scores in its district (taken from Port Folio Magazine, April 18, 1995).

Preschool Fun

LITTLE DOODLE DANDY

A scribbly doodley good time. Join us to explore lots of colors, shapes and lines--just perfect for the toddler in you. "Doodle dandies" will receive an artist certificate upon completion of class. Ages 2 and under. Parent's attendance required. Instructor: Leigh Babcock/Winter 2003

Activity #	Site	Day	Time	Date	Fee	NR Fee
267841 01	Visual Arts	Sa	10:00am-11:00am	2/28	\$15	\$25

SWIRLEY ABSTRACT PAINTING

Collaborate with Mommy, Daddy, Sister, Brother, Grandma or Grandpa to create a large one-of-a-kind expressive abstract painting on canvas. Turn a blank canvas into a precious family keepsake. Ages 2-4 years. Parent's attendance required. Call for supply list. Instructor: Leigh Babcock Winter 2003

Activity #	Site	Day	Time	Date	Fee	NR Fee
267841 02	Visual Arts	Sa	1:00pm-2:00pm	2/28	\$15	\$25

CARTOONING

Cartoon drawing is a great way for children to learn the basics of drawing. It can teach them the fundamentals of basic design through the use of circles, squares and rectangles in constructing basic forms and figures--all of these in a language most children love...cartoon comics. Ages 8 and up. Please call for supply list. Instructor: Bernard Conda

Activity #	Site	Day	Time	Date	Fee	NR Fee
267840 01	Visual Arts	Tu	4:30pm-5:30pm	1/6-3/9	\$30	\$40

CELTIC KNOT-WORK DESIGNS

Celtic knot-work is the art of elaborately interwoven lines; these beautifully intricate designs most often accompany ancient Celtic literature. Although knot-work can appear complicated at first glance, it's a cinch once you've mastered the basic principles. Ages 8 and up. Supplies provided. Instructor: Shara Wertz

Activity #	Site	Day	Time	Date	Fee	NR Fee
267840 02	Visual Arts	M-W	4:30pm-6:00pm	3/8-3/10	\$20	\$30

HANDCRAFTED CLAY TILES

Learn to combine a variety of techniques to make beautifully handcrafted clay tiles. Using a method called bas-relief, your designs will leap from the background and seem as if they've come to life! Ages 8 and up. Please call for supply list. Instructor: Shara Wertz

Activity #	Site	Day	Time	Date	Fee	NR Fee
267846 02	Visual Arts	Th	4:30pm-6:00pm	1/8-1/29	\$20	\$30

DISCOVERING CLAY

This class has been designed with the younger child in mind; we know how much children love to get their hands into everything and clay is just the perfect thing to get into! Get ready for a totally tactile experience as we create wild and crazy sculpted pieces. The only tools needed are hands and imaginations! Supplies provided. Ages 4-7. Instructor: Shara Wertz

Activity #	Site	Day	Time	Date	Fee	NR Fee
267842 01	Visual Arts	M	4:00pm-5:00pm	1/12-2/9	\$20	\$30

Hand-Built Pottery

When we say "hands-on experience," we really mean "hands on"--design and build pieces of pottery using your very own hands! Learn the basic forms, techniques, and tools used to create pinch, coil, and slab pottery. Dig in and discover just how much fun it is to play with clay! Ages 8 and up. Please call for supply list. Instructor: Shara Wertz

Activity #	Site	Day	Time	Date	Fee	NR Fee
267846 01	Visual Arts	W	4:00pm-6:00pm	1/7-2/25	\$45	\$55

TEEN MOSAICS

Welcome to the world of mosaics, where breaking a dinner plate isn't such a bad thing after all! That's right, don't throw away those broken pieces of dishware; instead turn them into art! Add scraps of stained glass, tiles, even beads, and you've got yourself a masterpiece. Join the fun and learn safe techniques for creating your very own mosaic designs! Ages 12 and up. Please call for supply list. Instructor: Shara Wertz

Activity #	Site	Day	Time	Date	Fee	NR Fee
267854 01	Visual Arts	M-W	4:00pm-6:00pm	3/1-3/3	\$15	\$25

PAINTING & DRAWING

There's a world of color and texture, line and shape just waiting to be discovered, and painting and drawing is a great way to find it! This class is open to all levels of experience and interest, whether you like to be loose and expressive or smooth and precise. Ages 8 and up. Please call for supply list. Instructor: Shara Wertz

Activity #	Site	Day	Time	Date	Fee	NR Fee
267848 01	Visual Arts	Tu	4:00pm-6:00pm	1/6-2/24	\$45	\$55



YOUNG PHOTOGRAPHERS' CLUB

Be a young Ansel Adams! Bring along your 35mm instant camera—a fancy camera is not required. First roll of film will be supplied by instructor. A fun class for learning photographic composition. How do you see the world? Development of film is the responsibility of the student. Ages 7 and up. 8 weeks' course. Instructor: Joan Grosch.

Activity #	Site	Day	Time	Date	Fee	NR Fee
267862 02	Visual Arts	Sa	1:30pm-2:30pm	1/10-2/28	\$30	\$40

SOFT SCULPTURE

Stockings and stuffing, buttons and thread visions of sculpture dancing around in your head! Learn to create a miniature person sculpted with materials so simple you might even find them around the house. Make a portrait of your very best friend, even Mom or Dad. The possibilities are limitless--there's just no end! Ages 8 and up. Please call for supply list. Instructor: Shara Wertz

Activity #	Site	Day	Time	Date	Fee	NR Fee
267853 01	Visual Arts	Th	4:30pm-6:00pm	2/5-2/26	\$20	\$30

HOME LEARNERS/MULTI-MEDIA PHOTOGRAPHY

Take your photographs on a wild adventure. Change your photos into groovy drawings, paintings, and crazy wild sculpture. Participants are required to bring along a camera and purchase 1 roll of 35mm film. Development of film is the responsibility of the student. (5-week session.) Ages 10 & up. Instructor: Leigh Babcock

Activity #	Site	Day	Time	Date	Fee	NR Fee
267860 04	Visual Arts	Tu	10:00am-12:00pm	1/6-2/2	\$30	\$40



HOME LEARNERS/ POTTERY ON THE WHEEL

For beginning students, this class is an introduction to pottery on the wheel. Learn about form, tools, techniques, glazes, and safe studio practices. Returning students will learn to alter forms and to explore a variety of decorating techniques. Only work produced during class will be fired. Ages 8 and up. Call for sup-  
ply list. \$5 glaze fee included below. Instructor: Shara Wertz.

Activity #	Site	Day	Time	Date	Fee	NR Fee
267860 02	Visual Arts	M	10:00am-12:30pm	1/5-2/23	\$55	\$65

Kids Workshops!

CABIN FEVER FAMILY ART

Looking for something creative to do with your family this winter? Why not join us in making a piece of art work that's sure to be the perfect cure for cabin fever! Bring the kids and create a family checker board together! The kids can design their own game pieces in addition to helping you design the board. We'll look at antique checker boards and contemporary designs for inspiration. Parents and children of all ages wel-  
come. Fee shown is for one parent and one child, \$3 fee for each additional participant. Please call for supply list. Instructor: Shara Wertz

Activity #	Site	Day	Time	Date	Fee	NR Fee
267856 01	Visual Arts	Sa	10:00am-12:00pm	1/17	\$15	\$25

GIFT OF GAB

Join us and be inspired by the art of Irish story telling. Tell your own story, illustrate it and bind it all together to create your own book. And of course, following the Irish tradition, make sure to share your tale with family and friends! Ages 8 and up. Supplies provided. Instructor: Shara Wertz

Activity #	Site	Day	Time	Date	Fee	NR Fee
267856 02	Visual Arts	Sa	10:00am-12:00pm	3/13	\$15	\$25

IMPRESSIVE IMPRESSIONS

Whether it's big or small, tiny or tall, it's bound to make an impression! Whether it's as common as a finger print or as unusual as a potato print, we'll certainly try them all! Impressive Impressions is a fun and experimental introduction to printmaking that's sure to impress! Ages 7 and under. Supplies provided. Instructor: Shara Wertz

Activity #	Site	Day	Time	Date	Fee	NR Fee
267856 03	Visual Arts	Sa	11:00am-12:00pm	2/21	\$15	\$25

SQUISH, SQUIRT, SPLITTER AND SPATTER

Painting has never been so exciting! Who needs a paintbrush when you can use a toothbrush? Why not explore painting using everything from sponges to squeeze bottles? It's just too much fun to resist! Ages 4-7. Some supplies provided. Call for more information. Instructor: Shara Wertz

Activity #	Site	Day	Time	Date	Fee	NR Fee
267856 04	Visual Arts	Sa	11:00am-12:00pm	1/24	\$15	\$25

What's Cookin' at Visual Arts

CLARICE'S KITCHEN!

Clarice brings you decades of experience, secret ingredients, and a talented cook's touch. Good looking and looking good, her foods invite, beckon, capture your taste buds, and put a smile on your face. Enjoy as she shares her bounty with you.

Adults

PARTY DRINKS

Hey. Party on over here to Clarice's Kitchen! Party drinks are better with edible decorations and a really cool way to make ice. Come learn how to make your party sparkle! 8 people per class.

Activity #	Site	Day	Time	Date	Fee	NR Fee
267852 01	Visual Arts	Th	6:00pm-7:00pm	2/19	\$10	\$20

EASY PARTY SANDWICHES

Roll-up sandwiches add an elegant touch and a new experience with an old favorite. Delicious sandwich fillings are sure to please. 8 people per class.

Activity #	Site	Day	Time	Date	Fee	NR Fee
267852 02	Visual Arts	W	6:30pm-7:30pm	2/11	\$10	\$20

CLARICE'S KITCHEN FOR KIDS!

Clarice's interest in cooking began when she was a child grow-  
ing up in Philadelphia. She started at such a young age that she needed a step-stool to reach the top of the stove; now that's determination and joy! Encourage your children to create in the kitchen, and enjoy one of life's finest pleasures... good food and good company.

Teens

TEEN DRINKS

Are you graduating soon? Or having a birthday party? Or just having friends over? Learn how to dress up your drinks for your party. Make them something special. Ages 13-18. Only 6 kids per class.

Activity #	Site	Day	Time	Date	Fee	NR Fee
267852 03	Visual Arts	Th	6:00pm-7:00pm	2/19	\$5	\$15

ROLL-UPS

So good to eat and easy to make. It's a different year, so here's a different type of sandwich you'll just love. All kind of goodies rolled up in a blimp of fun. Ages 13-18. Only 6 kids per class.

Activity #	Site	Day	Time	Date	Fee	NR Fee
267852 04	Visual Arts	W	6:00pm-7:00pm	2/11	\$5	\$15

Kids

EZ SNACKS

BUGS ON A LOG

Yummie and funnie snack that kids can make all by them-  
selves. Healthy too! Ages 8 & up. Only 6 kids per class.

Activity #	Site	Day	Time	Date	Fee	NR Fee
267852 05	Visual Arts	W	4:00-5:30pm	1/7	\$5	\$15

TORTILLAS AMERICANO—CHIPS & DIPS

South of the border treat, American style. Ages 8 & up. Only 6 kids per class.

Activity #	Site	Day	Time	Date	Fee	NR Fee
267852 06	Visual Arts	W	4:00-5:30pm	1/14	\$5	\$15

APPLE CRUNCHY CRISP

Homemade treat. No cooking! Mix n' eat! Cinna-yum! Ages 8 & up. Only 6 kids per class.

Activity #	Site	Day	Time	Date	Fee	NR Fee
267852 07	Visual Arts	W	4:00-5:30pm	1/21	\$5	\$15

BANANA NANA PUDDING

Really good! A new way to make an old favorite. No cooking! Mix n' eat! Ummm! Ages 8 & up. Only 6 kids per class.

Activity #	Site	Day	Time	Date	Fee	NR Fee
267852 08	Visual Arts	W	400:5:30pm	1/28	\$5	\$15

FLAT-OUT FUN SANDWICHES

Try something new, something different and something very good to eat. New recipes for any social event. Ages 8 & up. Only 6 kids per class.

Activity #	Site	Day	Time	Date	Fee	NR Fee
267852 09	Visual Arts	W	4:00-5:30pm	2/4	\$5	\$15

GUMBO COOKIN'

Clarice's soup for kids only! Secret surprise recipe! Don't miss the fun! Ages 8 & up. Only 6 kids per class.

Activity #	Site	Day	Time	Date	Fee	NR Fee
267852 10	Visual Arts	W	4:00-5:30	3/10	\$5	\$15

BREAKFAST BREAK!

This recipe is so good, so different, so easy to make, that you actually could break dance while eating it. Ages 8 & up. Only 6 kids per class.

Activity #	Site	Day	Time	Date	Fee	NR Fee
267852 11	Visual Arts	W	4:00-5:30pm	3/10	\$5	\$15

Cooks & Books

SPONTANEOUS COMBUSTION SAUCE

Turn down the thermostat, yet warm up this winter with a spicy-hot yet very edible spaghetti sauce. Cheaper and easier than ordering pizza, this meal takes little time to prepare with just a few ingredients--turn it on simmer and relax. Learn the simple secret to preparing a hot & spicy sauce that leaves your tongue intact. Bring an appetite! Instructor: Debbie Dickerson  
Limit 5 students

Activity #	Site	Day	Time	Date	Fee	NR Fee
267852 12	Visual Arts	Sa	11:00am-12:00am	2/7	\$15	\$25

THE RECIPE SWAP...MAKING LIFE EASIER

We know how busy you are raising and loving your family. Indulge in a recipe swap class. Bring along one quick dish to share in class and five of your much-loved, most-requested, family recipe ideas for families with extraordinarily busy lives. Recipes will be collected, and a special limited edition class recipe cookbook will be printed for each participant (available at a later date). Instructor: Leigh Babcock

Activity #	Site	Day	Time	Date	Fee	NR Fee
267852 13	Visual Arts	Sa	11:00am-12:00am	2/21	\$15	\$25

SUSHI

Learn from Setsue Putney, an expert, how to choose and pre-  
pare the ingredients, assemble and roll these delectable veg-  
etable/rice rolls wrapped in Nori seaweed. Experiment with  
cucumber, avocado, spinach, tuna, etc. Taste the results!  
Enrollment limited to six participants. Call for more informa-  
tion and supply list.

Activity #	Site	Day	Time	Date	Fee	NR Fee
267852 14	Visual Arts	W	5:00pm-7:00pm	2/18	\$25	\$35

IF YOU HAVE AN IDEA FOR A CLASS,  
PLEASE TELL US ABOUT IT!



Neighborhood University  
2002 International City Management Association Award Winner



PROMOTING COMMUNITY PRIDE  
AND EXCELLENCE!

*The Neighborhood University is a community enrichment program, established in 1999 by the City of Norfolk's Department of Neighborhood and Leisure Services. It is dedicated to providing the highest quality training to citizens of Norfolk to improve the condition of neighborhood housing, the vitality of neighborhood organizations, and overall quality of community life. Courses are intended to engage, inform and equip citizens with the training and technical assistance needed to help build the capacity of residents to be better advocates for their communities. Neighborhood University provides opportunities for networking and sharing practical ideas for problem solving, decision making and managing community development initiatives. This is achieved by cultivating community interest and neighborhood support, orienting citizens to specific policy issues and government practices, and informing citizens of available resources.*

All Neighborhood University courses  
are open to the public.

Registration

To register, you must submit a completed registration form in writing. You may do so by:

- **MAILING** your registration to Neighborhood University, Division of Neighborhood Services, 501 Boush Street, Norfolk, VA 23510;
- **FAXING** your registration to 441-5423; or
- **USING THE WEB** site at [www.norfolk.gov/neighborhoods/Services/university.asp](http://www.norfolk.gov/neighborhoods/Services/university.asp).

Additional registration forms are available by photocopying or calling 441-2400. Please note that registration information will not be accepted over the phone.

Many of our courses have a maximum enrollment and fill quickly. Submission of registration information does not constitute automatic enrollment. Written confirmation of enrollment will be mailed, prior to the beginning of each course, to the address provided on the registration form.

**Registration information will not be accepted prior to the "Beginning Registration Date" listed for each course.**

Course Locations

Neighborhood University courses are offered at a variety of locations. For directions please contact the Division of Neighborhood Services at 441-2400.

**DPH • DEPARTMENT OF PUBLIC HEALTH**  
830 Southampton Avenue, Norfolk, VA 23510

**GMB • GRANBY MUNICIPAL BUILDING**  
401 Monticello Avenue, Norfolk, VA 23510

**NC3 • NEWS CHANNEL 3 (WTKR)**  
720 Boush Street, Norfolk, VA 23504

**PPL • PARK PLACE NEIGHBORHOOD SERVICE CENTER**  
606 West 29th Street, Norfolk, VA 23508

**TVA • TITUSTOWN VISUAL ARTS CENTER**  
7545 Diven Street, Norfolk, VA 23505

**VCM • VIVIAN C. MASON CENTER**  
700 East Olney Road, Norfolk, VA 23504

ADVANCED GRANT WRITING **NEW**

Prerequisite: Basic Grant Writing. This two-part course prepares participants for critiquing and revising grant applications and reviews some common reasons that grant proposals are rejected. An instructor-led roundtable allows for practice proposal writing and individual assistance with the grant writing process. Participants will also have the opportunity to discuss and evaluate a grant proposal they are writing or have written in the past. **Registration begins March 8, 2004.**

Course	Site	Day	Time	Date
Advanced Grant Writing	TVA	Sa	9:00am-12:00pm	4/24, 5/1

FUNDAMENTALS OF  
NEIGHBORHOOD LEADERSHIP –  
PART 2 – BUILDING POWERFUL  
COMMUNITY PARTNERSHIPS **NEW**

What does it mean to be a community leader? 'Fundamentals of Neighborhood Leadership' is a 3-part series designed to train citizens to identify the core values, qualities and skills required for effective leadership. Part 2 of this introductory course focuses on such issues as diversity, targeting and maximizing preexisting assets, youth involvement and regionalism. Participants are given a clear perspective on what truly goes into "Building Powerful Community Partnerships". **Registration begins December 15, 2003.**

Course	Site	Day	Time	Date
FNL - 2	DPH	Tu	6:00pm-8:00pm	1/13-2/10

FUNDAMENTALS OF  
NEIGHBORHOOD LEADERSHIP –  
PART 3 – CIVIC ENGAGEMENT &  
COMMUNITY DEVELOPMENT **NEW**

This final part of Fundamentals of Neighborhood Leadership allows participants to put their community leadership skills into action with the lessons learned from parts one and two. After gaining the key components of civic engagement, participants gain hands-on experience by working together on a 4-week community project. **Registration begins February 16, 2004.**

Course	Site	Day	Time	Date
FNL - 3	DPH	Th	6:00pm-8:00pm	4/1-5/13

DEALING WITH DIFFICULT NEIGHBORS

Explore difficult human behaviors during this one-day seminar. Participants will learn simple and effective techniques to deal with frustrating behaviors. Registration begins December 15, 2003.

Course	Site	Day	Time	Date
Difficult Neighbors	VCM	Sa	9:00am-4:00pm	1/24

PUBLIC SPEAKING MASTERY **NEW**

Improve your public speaking skills with this one-day course designed to train participants to communicate with credibility. Learn to assess your audience; arrange your speech and thoughts logically; use pacing, tone and gestures to capture and maintain interest; present an image of confidence and competence; and sell yourself and your ideas successfully. **Registration begins February 2, 2004.**

Course	Site	Day	Time	Date
Public Speaking	NC3	Sa	9:00am-4:00pm	3/13



BASIC GRANT WRITING

This two-day course provides detailed instruction on the grant writing process and includes the examination of resources and evaluation of grant applications and guidelines. The informal workshop atmosphere allows participants to ask questions and work one-on-one with the instructor to become successful grant writers. **Registration begins January 12, 2004.**

Course	Site	Day	Time	Date
Basic Grant Writing	GMB	Sa	9:00am-12:00pm	2/21, 28



P.L.A.N.N.  
PROTECTING LIVES AND  
NORFOLK NEIGHBORHOODS

The P.L.A.N.N. course has been developed to increase the chances of safety and survival for citizens in the event of natural disaster or nationwide emergency. The course also provides general guidelines and knowledge to better prepare participants for everyday safety issues.

P.L.A.N.N. is the only emergency preparedness course of this nature being offered to citizens in the Hampton Roads vicinity that equips each course participant with the information and resources necessary to devise an individualized emergency plan of action. **Registration begins February 16, 2004.**

Course	Site	Day	Time	Date
P.L.A.N.N.	DPH	Sa	9:00am-4:00pm	3/27

UNLEASHING THE POWER OF PERSONALITY

How can understanding your personality type enhance your leadership ability? This class uses Myers-Briggs Type Indicator (MBTI) to empower students to focus the strength of their individual personality type in building valuable partnerships. MBTI is a self-report personality inventory designed to give people information about their psychological type preference. It leads students to a greater understanding of how they can utilize this knowledge to become more effective leaders in their neighborhoods and everyday lives. **Registration begins February 2, 2004.**

Course	Site	Day	Time	Date
Power of Personality	DPH	Th	6:00pm-8:30pm	3/11, 3/18



IMPROVING NEIGHBORHOOD HEALTH

This series of seminars empowers citizens to improve and protect their individual health as well as those around them. Certification for First Aid and CPR will be provided.

**Registration begins March 1, 2004.**

Course	Site	Day	Time	Date
Adult CPR	DPH	Tu	6:00pm-9:00pm	4/6
First Aid	DPH	Tu	6:00pm-8:00pm	4/13

UNDERSTANDING ENVIRONMENTAL CODES 101

Help create and maintain safe and healthy communities, expand cooperative efforts, enhance community-oriented government and work toward environmental code awareness and enforcement. Skills such as partnership building, prevention tactics and problem solving are all essential tools that will be taught in a supportive atmosphere. Various city agencies will facilitate discussions. Registration begins February 2, 2004.

Course	Site	Day	Time	Date
Codes 101	DPH	Tu	6:00pm-9:00pm	3/2-3/23

UNDERSTANDING ENVIRONMENTAL CODES 201

Prerequisite: Understanding Environmental Codes 101. This advanced course is designed to develop citizens in three major ways. First, by enhancing students' understanding of the roles of citizens, neighborhood groups, and government in resolving community problems. Second, by building skills in recognizing and analyzing neighborhood problems and ways to create and implement solutions. Third, by further strengthening team-building skills to enhance problem solving partnerships between citizens and City staff. Registration begins March 29, 2004.

Course	Site	Day	Time	Date
Codes 201	DPH	W	6:00pm-9:00pm	5/5-5/19
		W	6:00pm-9:00pm	6/9

CIVIC BOARD DEVELOPMENT

Give your civic association or neighborhood a boost. Enhance the skills, knowledge and tools of your board members. Civic Board Development is a two-day customized, comprehensive training course designed to accommodate the unique goals and resources of neighborhood associations such as civic leagues. Topics will include governance, meeting facilitation, group dynamics and communication. Registration begins March 29, 2004.

Course	Site	Day	Time	Date
Civic Board Development	PPL	Tu	6:00pm-9:00pm	5/18,5/25

Sponsors:

Neighborhood University is sponsored in part by Farm Fresh and Wal-Mart Stores, Inc.

REGISTRATION

To register, you must submit completed registration form. You may do so by:

1. MAIL your registration to Neighborhood University, Division of Neighborhood Services, 501 Boush Street, Norfolk, Virginia 23510;
2. FAX your registration to (757) 441-5423; or
3. E-MAIL your registration from the Neighborhood University website: [www.norfolk.gov/neighborhoods/services/university .asp](http://www.norfolk.gov/neighborhoods/services/university.asp).

OFFICIAL USE ONLY		
Received by:_____ Date:_____		
COURSE	ACC	DEC

REGISTRATION FORM			
Incomplete registration forms will NOT be accepted.			
Personal Information			
Mr.	Ms.	Mrs.	Full Name:
Street Address:			Daytime Phone:
City:		Zip:	Evening Phone:
Neighborhood:			E-Mail:
Are you a Civic League Member?			Civic League Officer?
Current occupation:			
Are you in need of disability amenities?			
Neighborhood University Course Requests			
Course Title:			Course Date(s):
How do you plan to use the knowledge gained from this course...			
Course Title:			Course Dates(s)
How do you plan to use the knowledge gained from this course...			
Course Title:			Course Dates(s):
How do you plan to use the knowledge gained from this course...			

Additional registration forms are available by photocopying or calling (757) 441-2400. Please note that registration information will not be accepted over the phone. Also, REGISTRATIONS WILL NOT BE ACCEPTED PRIOR TO THE BEGINNING REGISTRATION DATES LISTED FOR EACH COURSE.

Many of our courses have a maximum enrollment and fill quickly. Please do not assume that you are automatically enrolled for every course for which you submit registration. Prior to the beginning of each course, WRITTEN CONFIRMATION OF ENROLLMENT will be mailed to the address you provide on this registration form.



Camp Wake-Up

COME JOIN THE FUN

Camp Wake-up is a great place for kids! This before and after school daycare program is adjacent to the elementary school campus for children in grades one through six, and is licensed by the Virginia Department of Social Services. There are 10 different locations. Activities provided include arts and crafts, sports, active and passive games, music, drama, homework time, intervention and prevention programs, and just plain fun!

Our activities are designed to promote the creative and social development of the children. Particular emphasis is placed on building and reinforcement of a positive self-image and the positive expression of cooperative feelings in group situations.

For additional information, please contact one of the facilities listed below:

- Bayview Recreation Center . . . . .441-1626
- Berkley Recreation Center . . . . .441-1912
- Crossroads Recreation Center . . . . .441-1769
- Fairlawn Recreation Center . . . . .441-5670
- Ingleside Elementary School . . . . .441-5675
- Park Place/Monroe Elementary School . . . . .664-7531
- Norview Elementary School . . . . .441-5836
- Sherwood Recreation Center . . . . .441-5824
- Tarrallton Recreation Center . . . . .441-1765
- Young Terrace Recreation Center . . . . .441-2692



Golf Courses

OCEAN VIEW GOLF COURSE

9610 Norfolk Avenue  
Norfolk, VA 23503  
480-2094

- 18--Hole Championship Course
- Practice Green -Cart Rental -Snack Bar
- Reserved Tee-Times on Weekends
- Junior, Senior & "Early Bird" Discounts
- Daily Specials
- Single and Family Season Pass
- Golf Lessons by Appointment

LAKE WRIGHT GOLF COURSE

6280 Northampton Blvd.  
459-2255  
Norfolk, VA 23502

- 18-Hole Championship Course
- Par 70, 6,200 Yards
- Lighted Driving Range
- Pro Shop -Cart Rental -Snack Bar
- Reserved Tee-Times on Weekends
- Junior & Senior Discounts
- Norfolk Resident Discounts
- Daily Specials
- Single, Couple, Family Season Pass
- Golf Lessons by Appointment

Major Norfolk Parks

BARRAUD PARK

Barraud Park is located off of Tidewater Drive on Vista Drive. The park 's amenities include picnic shelters, a lighted softball field, playgrounds and parking.This site is also the home of Norfolk's Recreational Boxing Program.

LAFAYETTE PARK

Lafayette Park, one of Norfolk's oldest parks, is located at 35th and Granby Streets. It has two outdoor basketball courts, four tennis courts, picnic shelters, a boat ramp, a ballfield, a large playground area and scenic pathways. Lafayette Park is adjacent to the newly renovated Virginia Zoological Park and the ernie Morgan Environmental Action Center.

LAKEWOOD PARK

Lakewood Park is located in the center of Norfolk,between Granby Street and Tidewater Drive, at 1612 Willow Wood Drive. The park features nine tennis courts, two lighted ballfields, a playground, restrooms and off-street parking. Lakewood is also the headquarters for the athletics program-ming office and the dance/music program, which provides classes and programs throughout the year.

NORTHSIDE PARK

Northside Park is located at the northern end of the city about two miles south of the Chesapeake Bay, at 8400 Tidewater Drive. Here you will find a year-round indoor pool with sun patio, two lighted softball diamonds, a playground, picnic shelters, walking paths, outdoor basketball, seven tennis courts, a wading pool and ongoing aquatic programs and classes.A tennis pro offers seasonal instruction and tournaments. Northside is also the site of the Imagination Island playground, the largest community-built playground in the state.

OCEAN VIEW BEACH PARK

The unique 6.5 acre park/beach, located at 300 W. Ocean View Avenue, is considered the jewel of Ocean View. The park has a large band shell for presentations and dancing, a beach with lifeguards in the summer, a boardwalk, beach handicap access ramp and lots of open green space.

TARRALLTON PARK

Located behind the Tarrallton Community Center at 2100 Tarrallton Drive,the park offers three family-size picnic shelters,a colorful play equipped area and tot lot,restrooms, lighted tennis courts,lighted basketball court,and three soccer fields.Visitors will also find a Little League complex, softball field,and the area's only in-line skating hockey rink.Tarrallton Park encompasses 70 acres and is a great place for just walking and enjoying the outdoors.



TOWN POINT PARK

Gracing Norfolk's Waterfront,nestled between Waterside Festival Park and Nauticus,is Town Point Park.With the atmosphere of celebration that often fills the air,Town Point offers a cheerful welcome to visitors and to those who work in the business district.Town Point Park is the scene of regularly scheduled festivals,concerts and other events. Several parking garages are nearby to accommodate those traveling by car.So,if you are in the mood for a nautical adventure,enjoy a boat or ferry ride that leaves from the park.Another exciting option —there are often visiting vessels of all descriptions docked along the marina and Nauticus, which sometimes allow guests on board for tours.



# Volunteer Registration Form

## Volunteer Program Registration

NORFOLK DEPARTMENT OF NEIGHBORHOOD & LEISURE SERVICES,  
DIVISION OF RECREATION & COMMUNITY SERVICES

Please print

Name\_\_\_\_\_

Address\_\_\_\_\_

City\_\_\_\_\_ Zip\_\_\_\_\_

SS or Drivers License # \_\_\_\_\_

Home Number (\_\_\_\_)\_\_\_\_\_ Work Number (\_\_\_\_)\_\_\_\_\_

Date of Birth\_\_\_\_/\_\_\_\_/\_\_\_\_ Female\_\_\_\_\_ Male\_\_\_\_\_

Hobbies/Activities\_\_\_\_\_

Skills/Abilities \_\_\_\_\_

Medical Data\_\_\_\_\_

In Case of Emergency Please Contact\_\_\_\_\_

Home Number (\_\_\_\_\_)\_\_\_\_\_ Work Number (\_\_\_\_\_)\_\_\_\_\_

By my signature below, I am registering as a volunteer with the Norfolk Department of Neighborhood and Leisure Services, Recreation and Community Services Division. I hereby release the City of Norfolk, its employees, agents, officers, and officials for any and all injuries or property damage, which may arise out of my volunteering. I also understand that this application is subject to local and national criminal background check and that by providing false information I may be subject to legal prosecution on behalf of the City of Norfolk.

### SIGNATURES

Youth aged 16 years and under require and authorizing signature from a parent or guardian.

Volunteer\_\_\_\_\_ Date\_\_\_\_\_

Site Supervisor\_\_\_\_\_ Date\_\_\_\_\_

VOL Coordinator\_\_\_\_\_ Date\_\_\_\_\_

Please complete and sign form. Submit form to Center Supervisor or send to: Diann Hovih, 501 Boush St., Norfolk, Va. 23510

What Times And Days Are You Available To Work? Please Circle All That Apply

MONTHS: JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC

WEEKS: 1 2 3 4 5

Please Check All Times That You Will Be Available For Assignments

TIMES:	7	8	9	10	11	12	1	2	3	4	5	6	7
Monday													
Tuesday													
Wednesday													
Thursday													
Friday													
Saturday													
Sunday													

### STAFF USE

PROG/CTR. WORK SITE\_\_\_\_\_

Job Title\_\_\_\_\_

Sent\_\_\_\_\_ Letter\_\_\_\_\_ Recorded\_\_\_\_\_

Apply Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Interview Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Orientation Date \_\_\_\_/\_\_\_\_/\_\_\_\_

### FACILITY USE CARD

Get the card that is the key to Norfolk's recreation centers and pools. The Facility Use Card. Facility Use Cards are issued for participants five years of age and older to be used at all recreation centers and pools. Cards must be presented upon entering a facility. Facility Use Cards are not required for registration and attendance of fee-based classes, special events, meetings or use of facilities on a rental basis.

#### Costs for Facility Use Cards (Checks or Money Orders only):

- Youth (ages 5-17) \$5.00
- Adults (ages 18-64) \$10.00
- Non-Residents \$50.00
- Daily Guest Pass \$2.00
- Lost Card Replacement Fee \$3.00

#### Family Plan (Checks or Money Orders only):

- One parent & one child \$12.00
- One parent & up to 3 children \$15.00
- Two parents & one child \$20.00
- Family of four or more \$25.00

Cards are valid for one year from the purchase date. Two proofs of Norfolk residency will be required, as well as verification of date of birth. Youth will be given credit toward the purchase of their card based on academic performance. Each A is equal to a \$1.00 discount; each B equal to a \$.50 discount; and five A's equal a free card.

Youth from families receiving any sort of assistance can request a fee waiver. A fee waiver request form must be filled out by the parent, with proof of assistance (i.e., the identification number on a food stamp card or ADC card).

Facility Use Cards are issued at 1612 Willow Wood Drive in Lakewood Park. The hours for issuing cards are:

Monday through Friday • 11:30am-1:30pm • 6:00pm-8:00pm  
Saturdays • 9:00am-12:00pm

Any questions, please call 441-5834.

### TDD MACHINE

Norfolk's Department of Neighborhood and Leisure Services has a TDD machine. This machine allows us to communicate more effectively with our hearing impaired participants. The TDD number is 441-1764. If you have a hearing impairment, please press your spacebar so that the staff will know that you are calling on the TDD. You can also utilize the Virginia Relay Center at 1-800-828-1120.

# For Your Information

## Intent To Comply With The Americans With Disabilities Act

Qualified individuals with a disability are entitled to participation in programs and activities of the Norfolk Department of Neighborhood and Leisure Services. If you require assistance to participate in any activity, call the Therapeutic Recreation Center at 441-1764 (V/TDD), seven days prior to the event.

## Picnic Shelter, Athletics Fields And Facility Rentals

### RENTAL FEES

The Norfolk Department of Neighborhood and Leisure Services has established user fees for rental of picnic shelters, athletic fields and recreation facilities.

### PICNIC SHELTER RESERVATIONS

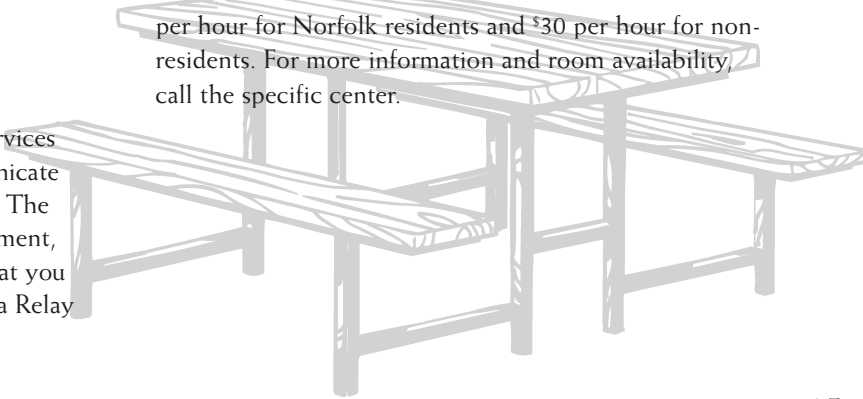
Applications for picnic shelter rentals are accepted at the Lakewood Athletic Office, located at 1612 Willow Wood Drive. All picnic shelters in Norfolk's parks rent for \$40-\$65 for a half day and full day. Non-resident fee is an additional \$10. Small picnic shelters are available on a first-come, first-serve basis. Call 441-5834 for more information.

### ATHLETIC FIELDS

Athletic fields are from \$40 - \$80 per field per day. Tournament fees are \$65 per field per day. Lights are an additional \$25 per field. Call 441-5834 for more information.

### MULTIPURPOSE ROOMS

Multipurpose rooms in the Berkley, East Ocean View, Fairlawn, Huntersville, Park Place, Sherwood, Tarrallton and Young Terrace centers rent for \$50 per hour for Norfolk residents, and \$60 per hour for non-residents. Small rooms in these and all other recreation centers can be rented at \$20 per hour for Norfolk residents and \$30 per hour for non-residents. For more information and room availability, call the specific center.





Neighborhood Service Centers

Norfolk's Neighborhood Service Centers, formerly under the administration of the Department of Human Services, have been transitioned to the Department of Neighborhood and Leisure Services (NLS).

The vision of all Neighborhood Service Centers is to enhance the quality of services, programming and service-related activities to ensure Norfolk citizens live in healthier and safer neighborhoods. Each Neighborhood Service Center is committed to quality customer service and building stronger neighborhoods.

Neighborhood Service Centers,previously referred to as multi-service centers, are strategically located throughout the city to provide quality service delivery of health, educational, recreational, and social programs to Norfolk residents.

Currently, there are four Neighborhood Service Centers, although NLS plans to expand the number of centers to serve a broader base of citizens.

BERKLEY NEIGHBORHOOD SERVICE CENTER

925 South Main Street  
Norfolk, VA 23523  
664-6450

HUNTERSVILLE NEIGHBORHOOD SERVICE CENTER

830 Goff Street  
Norfolk, VA 23504  
664-7400

PARK PLACE NEIGHBORHOOD SERVICE CENTER

606 West 29th Street  
Norfolk, VA 23508  
664-7500

LITTLE CREEK NEIGHBORHOOD SERVICE CENTER

7665 Sewells Point Road  
Norfolk, VA 23513  
664-6300

Neighborhood Service Centers are open from 8:30 a.m. to 5:00 p.m., with extended evening hours to facilitate community program needs. Please call the Neighborhood Service Center closest to you for specific program information.

Registration Information

MAIL-IN REGISTRATION

For your convenience, mail-in registration will be accepted. Aquatic classes are walk-in registration only. Just fill out the registration form and mail it with your check or money order (we cannot accept cash). A receipt will be mailed to you. All mail-in registrations will be processed in the order of postmark.

Mail registration to:

Norfolk Neighborhood and Leisure Services Registration  
501 Boush Street  
Norfolk, VA 23510

Make checks or money orders payable to Norfolk City Treasurer.

AQUATICS REGISTRATION

Walk-in registration for all Aquatic classes will be accepted at pool sites only!

REFUND POLICY

Refunds or refund vouchers are given to those enrolled in a class not held due to insufficient registration. Once a class has reached sufficient registration, refunds are not given.

For additional information, call 441-2400 between the hours of 8:30am and 5:00pm.

Aquatics • 441-1760 or 664-7432

Athletics • 441-5834

Dance/Music • 441-5833

Outdoor Recreation •441-1715

Senior Citizens • 441-2109

Therapeutic Recreation • 441-1764

Visual Arts • 441-1608

GENERAL INFORMATION

Generally, classes run for 10 weeks unless otherwise noted. Advance registration is preferred. However, you can register for a class after it has begun.Late registration must include a late fee of \$5 per class. Instructors are assigned by the final week of registration. If you wait too long to register, it may mean that the class you are interested in did not have sufficient registration and, as a result, will not be held. Often, just one or two registrations make the difference. Payment is required at the time of registration. All non-residents are required to pay an additional \$10 per class.

Winter 2004 Registration Form

PLEASE PRINT AND FILL OUT COMPLETELY.

Adult, Parent, or Guardian \_\_\_\_\_

Address/City/Zip Code \_\_\_\_\_

Phone Numbers (Day) \_\_\_\_\_ (Evening) \_\_\_\_\_

Activity Number	Participant's Name Last First	Birth Date Mo/Day/Yr	Sex	Activity Name	Site	Day/Time	Total Fee
TOTAL AMOUNT ENCLOSED							



Should you need special accommodations that will enable you to participate in our activities, please call 441-1764 (V/TDD).

NO CASH ACCEPTED  
Form of Payment: ☐ Check   ☐ Money Order  
Check/Money Order # \_\_\_\_\_

Winter 2004 Registration Form

PLEASE PRINT AND FILL OUT COMPLETELY.

Adult, Parent, or Guardian \_\_\_\_\_

Address/City/Zip Code \_\_\_\_\_

Phone Numbers (Day) \_\_\_\_\_ (Evening) \_\_\_\_\_

Activity Number	Participant's Name Last First	Birth Date Mo/Day/Yr	Sex	Activity Name	Site	Day/Time	Total Fee
TOTAL AMOUNT ENCLOSED							



Should you need special accommodations that will enable you to participate in our activities, please call 441-1764 (V/TDD).

NO CASH ACCEPTED  
Form of Payment: ☐ Check   ☐ Money Order  
Check/Money Order # \_\_\_\_\_